



# CENTRAL SERVICE OFFICE

## MARCH 2026 NEWSLETTER



MEETING INFO

A.A.® BIRTHDAYS

A.A.-RELATED ARTICLES

CONTRIBUTIONS

UPCOMING EVENTS

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### CENTRAL SERVICE OFFICE MEETINGS

Listed below are meetings at the Central Service Office location. Please check [www.aastl.org](http://www.aastl.org) for a complete list of meetings in St. Louis and surrounding area.

<u>Sunday</u>	<u>Group #</u>	<u>Thursday</u>	<u>Group #</u>
9:00 AM (M)	1100	6:15 PM (MX)	1188
7:00 PM (MX)	978	7:00 PM (MX)	1239
11:00 PM (MX)	806	7:45 PM (M)	1272
		11:00 PM (MX)	806
<u>Monday</u>	<u>Group #</u>	<u>Friday</u>	<u>Group #</u>
6:15 PM (MX)	303	12:00 Noon (MX)	1000
		5:30 PM (MX)	577
		6:00 PM (M)	43
		11:00 PM (MX)	806
<u>Tuesday</u>	<u>Group #</u>	<u>Saturday</u>	<u>Group #</u>
12:00 Noon (MX)	1087	9:00 AM (M)	318
5:30 PM (M)	972	11:30 AM (MX)	250
7:00 PM (MX)	464	8:00 PM (MX)	1259
		11:00 PM (MX)	806
<u>Wednesday</u>	<u>Group #</u>		
12:00 Noon (MX)	358		
5:30 PM (MX)	1126		
7:00 PM (MX)	44		
7:00 PM (MX)	925		

**MX**—Mixed (Men & Women)    **M**—Men Only    **W**—Women Only  
All meetings at the Central Service Office location are **CLOSED**  
(i.e., alcoholics only).

**We would love to have your group meet at Central Services!**

**A.A. SPEAKER /**  
**12th STEP VOLUNTEER BUREAU**  
**St. Louis Metropolitan Area**  
**Online Application**

[www.aastl.org](http://www.aastl.org); "Speakers & Volunteers" Tab

**Request a Speaker**

Phone: 314-647-3677; E-mail: [alano@aastl.org](mailto:alano@aastl.org)

### Central Service Office / Book Store Hours

Monday-Friday: 8:30 AM-5:00 PM

Saturday: 10:00 AM-2:00 PM

**(Closed Most Holidays)**

### MEETING UPDATES

See flyers for details -or- [www.aastl.org/events-calendar/](http://www.aastl.org/events-calendar/)

#### NEEDS SUPPORT

Group #357, Cross Talking Jay Walkers, Tuesday, 7:30 PM, M-C, Our Lady Queen of Peace Church, 4696 Notre Dame Lane, House Springs, 63051

Group #1239, Dual Diagnosis, Thursday, 7:00 PM, MX-C, Central Service Office, #14 Sunnen Drive, Maplewood, 63143

Group #965, Character Defects, Wednesday, 7:00 AM, MX-O, River Rock Church, 1601 Telegraph Road, Lemay, 63125

#### CANCELED

Group #580, By the Book, Tuesday, 7:00 PM, MX-O, St. Cecelia's School, 906 Eichelberger, St. Louis, 63111

Group #1245, Grateful Sober Sisters, Thursday, 6:00 PM

#### MOVED

Group #147, Trinity Group, Friday, 7:00 PM, MX-O

NEW LOCATION: DeSoto Missouri Community Center, 400 Boyd Street, DeSoto, 63020

Group #148, Fundamentally Sober, Tuesday, 7:00 PM, MX-O

NEW LOCATION: St. Andrew's Methodist Church, 1004 Rock Road, DeSoto, 63020 (Park in back; sign on door.)

Group #500, Friday, 7:00 PM, M-C

NEW LOCATION: Bonhomme Presbyterian Church, 14820 Conway Road, Chesterfield, 63017

#### TIME CHANGES

Group #306, Friday, M-C, Mary Queen of Peace Church (Rectory Basement), 676 West Lockwood Avenue, Webster Groves, 63119

NEW TIME: 7:00 PM (effective March 6)

Group #60, Monday, MX-C, Holy Family Church (Previously Immaculate Conception Church), 2316 Church Road, Arnold, 63010

NEW TIME: 7:00 PM

### UPCOMING EVENTS

#### MARCH 7

West County Club 2026 Banquet, 5:30 PM, Wildwood Hotel, 2801 Fountain Place, Wildwood, 63040 (cont'd. p. 2)

CENTRAL SERVICE OFFICE

#14 Sunnen Drive . Suite #144 . Maplewood, MO 63143 . 314-647-3677 . [www.aastl.org](http://www.aastl.org) . E-mail: [alano@aastl.org](mailto:alano@aastl.org)

**Birthdays celebrated are 30 Days, 6 Months, and Years thereafter. Please call birthdays in to the office after they have been celebrated. Thank you!**  
**314-647-3677**



**GROUP #121**

Gina D. 30 Days  
 Candace S. 6 Months  
 Ken P. 5 Years  
 Jeff P. 18 Years!

**GROUP #296 A**

Icie G. 25 Years!!  
 Jim S. 33 Years!!!

**GROUP #311**

Dave S. 6 Months  
 Kim H. 7 Years  
 Kim 35 Years!!!  
 Joy L. 36 Years!!!  
 Jeanette J. 37 Years!!!  
 Deborah H. 39 Years!!!

**GROUP #347**

Chris C. 1 Year  
 Michael G. 1 Year

**\*\*DEADLINE\*\* for CENTRAL SERVICE OFFICE NEWSLETTER Announcements/Birthdays**

Please submit your group's announcements/birthdays for the *Central Service Office Newsletter* by the 25th of the month to be posted in the next month's issue.

Thank you!  
 Phone: 314-647-3677  
 E-mail: [alano@aastl.org](mailto:alano@aastl.org)

Joseph W. 1 Year  
 Dee D. 6 Years  
 Markita N. 18 Years!  
 Robert L. 30 Years!!!  
 Michael C. 37 Years!!!

**GROUP #416**

Jorie J. 14 Years!  
 Deborah H. 28 Years!!

**GROUP #1230**

Jay R. 21 Years!!

*Thanks for celebrating the miracle of your recovery with us!*

**STEP OF THE MONTH Step Three**

"Made a decision to turn our will and our lives over to the care of God as we understood Him."

**UPCOMING EVENTS (cont'd.)**

**MARCH 13 & 14**

Great River Roundup, Pere Marquette Lodge & Conference Center, Route 100, Grafton, IL 62037, Phone: 618-786-2331  
 For more information call— Britney: 618-920-0449 or Nina: 618-514-3953

**MARCH 21**

Fenton Big Book 32<sup>nd</sup> Anniversary Pot Luck, 5:30 PM, Concord Trinity United Methodist Church (*Basement*), 5275 South Lindbergh Blvd., 63126

**MARCH 22**

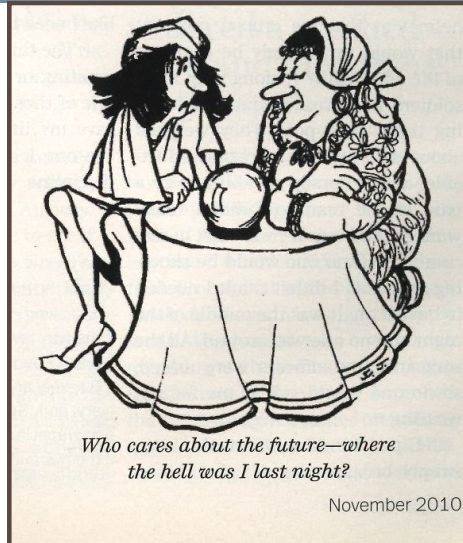
St. Charles Campus Office 4<sup>th</sup> Annual Bingo & BBQ, 1:00-4:00 PM, 2021 Campus Drive, St. Charles, 63301

**APRIL 10**

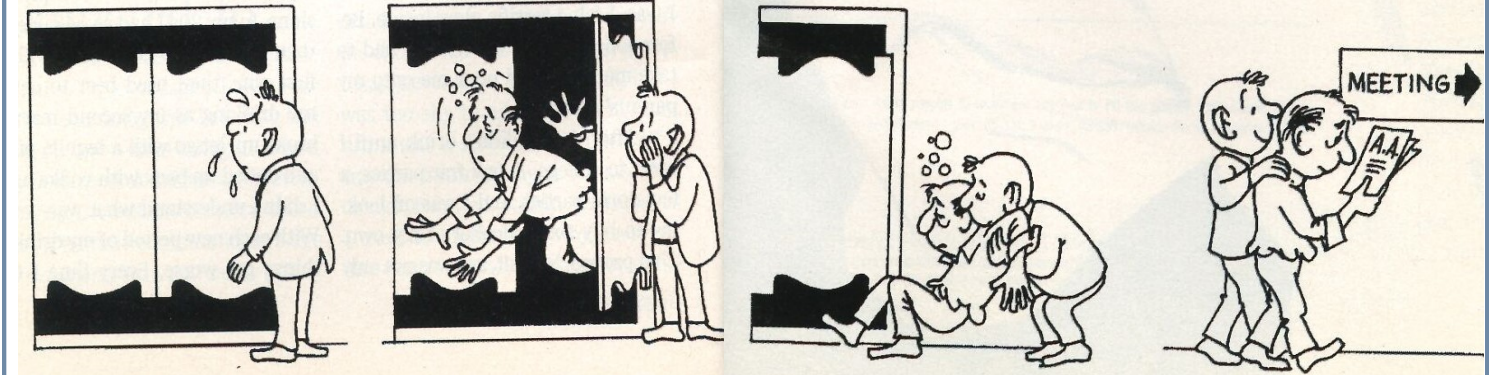
Save the date! Randy E.— A.A. historian & researcher, discusses changes throughout the four editions of the Big Book. Time & Zoom information to follow.

**MAY 2**

2026 Fall Classic Run & Walk, 7:00 AM, A.A. Meeting: 9:30 AM, Tower Grove Park, Sons of Rest Shelter, 4257 Northeast Drive, 63110



**Victor E.**



## LIFELINE



## THE CO-FOUNDERS OF ALCOHOLICS ANONYMOUS

*Who were these guys, anyway?*

## "Dr. Bob

*'Simplicity, devotion, steadfastness, and loyalty; these were the hallmarks of Dr. Bob's character which he has well implanted in so many of us. Bill'*

"...What manner of man was Dr. Bob? According to his son: 'He had tremendous drive, great physical stamina. He was reserved and formal on first acquaintance, but as you came to know him, he was just the opposite: friendly, generous, full of fun—he loved a good joke. Regarding A.A., he tried to make every decision in the best interests of the group, to the exclusion of any personal advantage. He never ceased to be surprised that so many people sought him out, but felt he had only been God's agent and so was not due any personal credit.'

"Bob and Anne lived simply; if he had any pride of possession, it was for cars. He played bridge expertly, always playing to win! An avid reader, he read for at least an hour each night of his adult life, 'drunk or sober.' He was a boxing fan, succumbing finally to television so he could watch the fights.

"He held three concepts in particularly high regard. One was simplicity—in his own life-style and in practicing the A.A. way of life. Second, he believed in tolerance of other people's ideas, in speaking out 'with kindness and consideration for others,' and in 'guarding that erring member, the tongue.' Third, he believed that one's job in A.A. was to 'get sober and stay sober' and 'never to be so complacent that we're not willing to extend that help to our less fortunate brothers...'"

Dr. Bob firmly believed that "love and service" are the cornerstones of Alcoholics Anonymous. He died of cancer at City Hospital, Akron, November 16, 1950.

## "Bill W.

*'... It was five years ago I first met you, Bill... I shall never forget, nor cease to be grateful.*

*Dr. Bob (1940)'*

"...Bill's service to A.A. spanned 36 years, during which, with the help of other oldtimers, he formulated A.A.'s recovery program, codified into a set of Traditions the first ten years of its group experience, wrote four books for the movement, and contributed numerous articles about A.A. to internal and outside publications. He often spoke before medical, psychiatric, and religious societies, and testified (in closed session) before various state and Federal legislative committee hearings on alcoholism. During his

lifetime, he declined all public honors, setting an example for the whole Fellowship.

"Much of his A.A. life was devoted to building a sound structure for the Fellowship, helping first, in 1938, to establish a board of trustees. Following the writing and publication of *Alcoholics Anonymous* (the Big Book) in 1939, he was concerned with setting up a publishing company and service office for the fledgling movement....

"All his life, Bill retained as did Dr. Bob, a deep affection for and identification with the people of Vermont; he and Lois returned there often for spiritual refreshment. An able and amusing storyteller, he enjoyed sharing with his friends many delightful anecdotes about his early years.

"Bill died of pneumonia in Miami Beach, Florida, on January 24, 1971... It seems fitting that his final resting place lies within the shadow of the Vermont mountain he loved as a child."

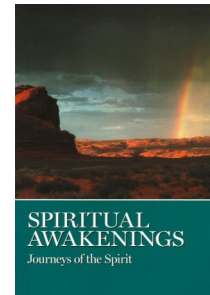
*The Co-Founders of Alcoholics Anonymous, Pamphlet P-53*  
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*April 2014 Newsletter*

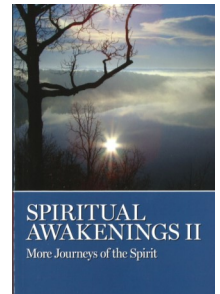
## BOOKS OF THE MONTH

SPIRITUAL  
AWAKENINGS

Journeys of the Spirit

SPIRITUAL  
AWAKENINGS II

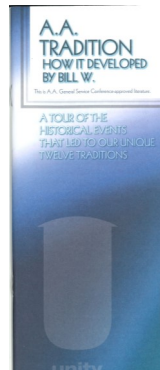
More Journeys  
of the Spirit



## PAMPHLETS OF THE MONTH

The  
Co-Founders  
of Alcoholics  
Anonymous

Biographical  
Sketches and  
their Last Major  
Talks  
P-53



A.A.  
Tradition  
How It  
Developed  
By Bill W.

P-17

**JANUARY 2026 CONTRIBUTIONS**

GROUP #	GROUP NAME	AMOUNT	INDIVIDUAL	GROUP #	GROUP NAME	AMOUNT	INDIVIDUAL
2		\$488.19	\$5.00	982	A.A. on the Rocks	\$350.00	
12		\$100.00	\$6.00	1014	All About Recovery	\$103.00	
38		\$1.50	\$10.00	1024	Spiritual Winners	\$326.00	
44		\$161.00	\$10.00	1062	Defiant Brats	\$150.00	
117		\$100.00	\$10.00	1110	Friday Night	\$95.00	
123		\$250.00	\$10.00	1125	Drive-By	\$100.00	
126		\$65.50	\$10.00	1168	Women's Happy Destiny	\$20.00	
187		\$92.00	\$10.00	1183	Chick Crew	\$100.00	
220		\$100.00	\$10.00	1201	Rosie's Place	\$106.00	
220		\$5.00	\$10.00	1213	Sisters Not Saints	\$47.00	
303		\$32.00	\$10.00	1220	Conscious Companionship	\$20.00	
303		\$35.00	\$10.00	1256	Balanced Living	\$116.00	
303		\$69.00	\$15.00	1264	Green Heart Wecovery	\$17.00	
303		\$24.00	\$19.50	1272	The Men from the Boys	\$69.00	
387		\$222.80	\$20.00		Far Too Early	\$25.00	
403		\$222.50	\$25.00		Olive Branch Groups	\$50.00	
409		\$85.00	\$30.00		Spare Change	\$22.01	
420		\$71.58	\$50.00	<b>TOTAL JANUARY 2026</b>			<b>\$13,852.09</b>
439		\$126.00	\$50.00	<b>Traditional Distribution Plan</b>			
500		\$135.00	\$50.00	<p><b>DISTRICT</b></p> <ul style="list-style-type: none"> <li>Central Service Office-CSO 50%</li> <li>General Service Office-GSO 30%</li> <li>Eastern Area of Missouri-EAMO 10%</li> <li>Group's District 10%</li> </ul>			
568		\$200.00	\$85.00				
586		\$126.50	\$500.00				
752		\$131.00	\$1,000.00				
8	New Day	\$226.00	\$2,000.00				
8	New Day	\$365.00					
8	New Day	\$311.00					
15	Promises Group	\$75.00					
55	The Difference	\$20.00					
69	The Gratitude Hour	\$500.00					
81	New Way Bridgeton	\$180.00					
84	Dry Noon Group	\$500.00					
121	Early Ducks	\$222.90					
142	Bedrock Group	\$140.00					
157	Big Book Study	\$135.00					
253	The Group	\$150.00					
258	Love & Tolerance	\$3.00					
307	Happy Campers	\$200.00					
344	There is a Solution	\$207.60					
356	We Are Responsible	\$250.00					
416	Life is Good	\$175.00					
418	Joe's Place	\$50.00					
453	Buder Bunch	\$196.00					
456	Gateway to Freedom	\$154.80					
575	Nick of Time	\$775.71					
601	Kirkwood Step Group	\$500.00					

**OR customize your contribution according to your group conscience. Thank You!**

Contributions can be made in person or mailed to the Central Service Office. Cash, checks, credit cards are accepted.

**Please use separate checks for each entity.**

Make checks payable to:

Central Service Office; General Service Board; Eastern Area of MO or Area 38; District #\_\_.

Online contributions: [aastl.org/donate](https://aastl.org/donate); [aa.org](https://aa.org); [eamo.org](https://eamo.org).



**Electronic 7<sup>th</sup> Tradition!!**

Scan this QR code to contribute to Central Services, or click the link below!

<https://aastl.org/donate/>