



CENTRAL SERVICE OFFICE JANUARY 2024 NEWSLETTER

[MEETING INFO](#)[A.A.® BIRTHDAYS](#)[A.A.-RELATED ARTICLES](#)[CONTRIBUTIONS](#)[UPCOMING EVENTS](#)

Registered Trademark of A.A. World Services, Inc.

CENTRAL SERVICE OFFICE MEETINGS

Listed below are the in-person meetings that have resumed at the Central Service Office. Please check aastl.org, which is updated daily, for all known in-person & virtual meetings.

Sunday	Group #	Thursday	Group #
9:00 AM (M)	1100	7:00 AM (W)	970
7:00 PM (MX)	978	12:00 Noon (MX)	1231
Monday	Group #	6:15 PM (MX)	1188
6:15 PM (MX)	303	7:00 PM (MX)	1024
Tuesday	Group #	Friday	Group #
7:00 AM (W)	970	12:00 Noon (MX)	1000
12:00 Noon (MX)	1087	5:30 PM (MX)	577
5:30 PM (M)	972	6:00 PM (M)	1045
7:00 PM (MX)	464	11:00 PM (MX)	Late Nite
Wednesday	Group #	Saturday	Group #
7:00 AM (W)	970	9:00 AM (M)	318
12 Noon (MX)	358	11:30 AM (MX)	250
5:30 PM (MX)	1126	11:00 PM (MX)	Late Nite
7:00 PM (MX)	44		
7:00 PM (MX)	925		

KEY: **MX**—Mixed (Men & Women) **M**—Men Only **W**—Women Only

CLOSED MEETINGS: All meetings at the Central Service Office are **CLOSED** (i.e., Alcoholics Only).

Please consider the Central Service Office location for your group's meeting. We would love to have you!

MEETING UPDATES

NEW MEETINGS

Twelve & Twelve Step Study, Friday, 6:00 PM, MX-O, Mt. Zion UMC, 1485 Craig Road, St. Louis County, 63146

Topic Meeting, Thursday, 6:00 PM, MX-O, Hope Lutheran Church, 10701 St. Cosmos Lane, St. Ann, 63074

CANCELED

Group #460, Tuesday, 9:00 AM, MX-O, Baden Facility, 8334 North Broadway, St. Louis, 63147

NEW LOCATION

Group #212, Big Book Study, Saturday, 4:00 PM, MX-C
New Location: The Church of St. Michael & St. George, 6345 Wydown Blvd., Clayton, 63105

Group #319, Banana Bunch, Wednesday, 12:00 Noon, MX-C
New Location: Zion U.C.C. Church, 115 South Washington Avenue, Union, 63084

Group #409, Monday, 7:30 PM, M-C
New Location: Rock Presbyterian Church, 6439 Hwy. 61-67, Imperial, 63052

NEW LOCATION & TIME

Group #1205, The Last Supper, Thursday, MX-O
New Location: Olive Branch, 8901 Lackland, Overland, 63114; New Time: 7:30 PM

(continued, p. 3)

We Wish You a Happy, Joyous & Free New Year — 2024!!

**A.A. SPEAKER /
12th STEP VOLUNTEER BUREAU**
St. Louis Metropolitan Area

Online Application
www.aastl.org; "Speakers & Volunteers" Tab

Request a Speaker
Phone: 314-647-3677 - E-mail: alano@aastl.org

THOUGHT FOR 2024

"We will open the book.
Its pages are blank.
We are going to put
words on them
ourselves. The book is
called *Opportunity*, and its first chapter is "New
Year's Day."



Edith Lovejoy Pierce

CENTRAL SERVICE OFFICE

#14 Sunnen Drive • Suite #144 • Maplewood, MO 63143 • 314-647-3677 • www.aastl.org • E-mail: alano@aastl.org

**Birthdays celebrated are
30 Days, 6 Months, and
Years thereafter. Please call
birthdays in to the office
after they have been
celebrated. Thank You!**



314-647-3677

GROUP #53

Charles C. 6 Months
Kim S. 6 Months
John Z. 2 Years
Gary M. 3 Years
Curtis K. 42 Years!!!!

GROUP #121

Lindsay R. 6 Months
Caroleena B. 1 Year
Jeff K. 12 Years!
Ron M. 20 Years!!

GROUP #177

Sue J. 28 Years!!

GROUP #311

Nicki Z. 30 Days

GROUP #347

Dana D. 35 Years!!!

MOVED

**Group #212 has returned
to their original meeting
location:**

**The Church of St. Michael
& St. George
6345 Wydown Blvd.
Clayton, 63105
Saturday, 4:00 PM
MX-C**

GROUP #449

Mike M. 2 Years
Kristine Z. 6 Years
Jim S. 8 Years
Bill S. 33 Years!!!
Mary Ann R. 39 Years!!!

GROUP #460

Kim H. 5 Years
Charles L. 24 Years!!
Ernist D. 28 Years!!
Kay H. 32 Years!!!

GROUP #816

Jack L. 37 Years
Tom N. 36 Years

GROUP #984

Laura A. 43 Years!!!!

**THANKS FOR
CELEBRATING THE
"MIRACLE" OF YOUR
RECOVERY WITH US!**

**** JOB OPPORTUNITY—PART-TIME ****

A.A. Central Service Office

Position: Office Assistant
(Paid Special Service Worker of the
ALANO Society)

Days/Hours: Flexible (Some Saturdays)

Contact: Tom N., Executive Secretary
E-mail: alano@aastl.org
Phone: 314-647-3677

TIME TO PRAY

I got up early one morning
and rushed right into the day.
I had so much to accomplish
that I didn't have time to pray.

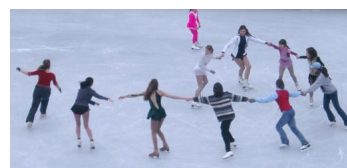
Problems just tumbled about me,
and heavier came each task.
"Why doesn't God help me?" I wondered.
He answered, "You didn't ask."

I wanted to see joy and beauty,
but the day toiled on, gray and bleak.
I wondered why God didn't show me.
He said, "But you didn't seek."

I tried to come into God's presence;
I used all my keys at the lock.
God gently and lovingly chided,
"My child, you didn't knock."

I woke up early this morning,
and paused before entering the day.
I had so much to accomplish
that I had to take time to pray.

Author unknown



Slide & Glide!

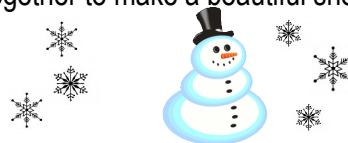
A.A. WORD UNSCRAMBLE

(Words used in *Alcoholics Anonymous*)

1. LSOTUNIO _____
2. IANOTLENRT _____
3. DCIORTRE _____
4. EWTAS _____

(Answers on p. 4)

If your group is hesitating to make contributions to one of the A.A. entities (i.e., Central Service Office, GSO, Eastern Area, Your District) because you think it's too small to bother with, just remember how the smallest, individual snowflakes can be lumped together to make a beautiful snowman!



LIFELINE

**"Tradition Two:**

**For our group purpose there is but one ultimate authority—
a loving God as He may express Himself in our group
conscience. Our leaders are but trusted servants;
they do not govern."**

"The principle of rotation

"Traditionally, rotation ensures that group tasks, like nearly everything else in A.A., are passed around for all to share. Many groups have alternates to each trusted servant who can step into the service positions if needed.

"To step out of an A.A. office you love can be hard. If you have been doing a good job, if you honestly don't see anyone else around willing, qualified, or with the time to do it, and if your friends agree, it's especially tough. But it can be a real step forward in growth—a step into the humility that is, for some people, the spiritual essence of anonymity.

"Among other things, anonymity in the Fellowship means that we forgo personal prestige for any A.A. work we do to help alcoholics. And, in the spirit of Tradition Twelve, it ever reminds us 'to place principles before personalities.'

"... Rotation helps to bring us spiritual rewards far more enduring than any fame. With no A.A. 'status' at stake, we needn't compete

for titles or praise—we have complete freedom to serve as we are needed.

"What is an informed A.A. group conscience?

"The group conscience is the collective conscience of the group membership and thus represents substantial unanimity on an issue before definitive action is taken. This is achieved by the group members through the sharing of full information, individual points of view, and the practice of A.A. principles. To be fully informed requires a willingness to listen to minority opinions with an open mind.

"On sensitive issues, the group works slowly—discouraging formal motions until a clear sense of its collective view emerges. Placing principles before personalities, the membership is wary of dominant opinions. Its voice is heard when a well-informed group arrives at a decision. The result rests on more than a 'yes' or 'no' count—precisely because it is the spiritual expression of the group conscience. The term 'informed group conscience' implies that pertinent information has been studied and all views have been heard before the group votes."

*From the pamphlet "The A.A. Group...where it all begins," P-16, p. 28-29
Reprinted with permission of A.A., World Services, Inc.*

MEETING UPDATES (continued)**NEW ZOOM ID#**

Group #106, Love & Tolerance, Tuesday, 7:30 PM, MX-C
New Zoom ID#: 356 362 3018; No Password Needed

UPCOMING EVENTS

(For Details See: <https://aastl.org/events-calendar/>)

JANUARY 2, 16, 30

Journey Through The 12 Steps, Bi-Weekly Big Book/Step Study, Virtual and In-person, 7:00-8:30 PM, The Hub, 140 Weldon Pkwy., Maryland Heights, 63043

JANUARY 6

Spring Fling Convention Presents Comedy Night & Potluck, 6:00 PM, Crestwood Community Center, 9245 Whitecliff Lane, Crestwood, 63126

JANUARY 13

Hilljack House Trivia Night, 6:00 PM, Crestwood Community Center, 9245 Whitecliff Park Lane, Crestwood, 63126

FEBRUARY 16, 17

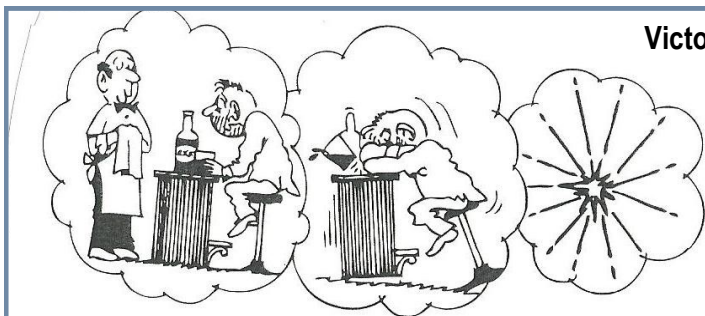
42nd Five Corners Convention, Host State—Arkansas, Miner Convention Center, 2610 East Malone, Miner, MO
www.fivecornersconvention.com

PAMPHLET OF THE MONTH

**QUESTIONS & ANSWERS
ON
SPONSORSHIP**

AA Pamphlet P-15

Victor E.



***Thank You
for helping us “Carry the Message”***

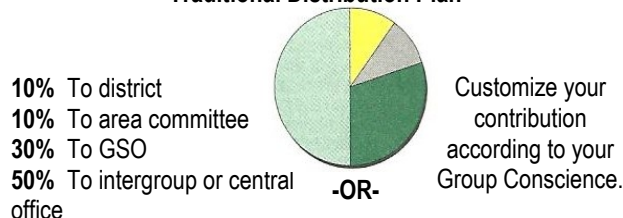


Scan this QR code to contribute to Central Services, or click the link below!

<https://aastl.org/donate/>

Alcoholics have always been fertile ground for exaggeration. Our ability for unrealistic projection is amazing. Perhaps that is one of the reasons us Alkies are so resistant to change. We hop on the nearest slippery slope and immediately become convinced that the slightest changes or alterations will almost always lead to calamity. In Appendix 2 of the Big Book is the sentence "*Willingness, honesty, and open-mindedness are the essentials of recovery.*" So, I must often ask myself, "am I truly being honest when I say that I am willing to listen to other folks' point of view?" And, if not, I suppose I am falling short of being open-minded. Probably one of the most important things my sponsor pointed out is that "acceptance" is not the same as "approval." Regardless of how I may disagree with someone's opinion, I can afford them the respect to listen to them. My sponsor also pointed out that the sentence reads "Love **AND** tolerance of others is our code" and not "Love **OR** tolerance of others is our code." When it comes to "others," it has to be both. As we emerge from the Covid pandemic, A.A. has weathered many changes. When we could no longer meet in person, we met on Zoom, or in parking lots or on teleconference calls. Many A.A. groups have quit meeting while others have risen to take their place. I suppose the bottom line for me is this - I will always have faith in a Higher Power which continues to be demonstrated in the enduring message of experience, strength, and hope of our fellowship. No matter how hard we try, we just can't mess this thing up.

Traditional Distribution Plan



(Words used in *Alcoholics Anonymous*)

1. **SOLUTION** ("The tremendous fact for every one of us is that we have discovered a common solution.") p. 17
2. **INTOLERANT** ("We talked of intolerance, while we were intolerant ourselves.") p. 50
3. **DIRECTOR** ("God was going to be our Director.") p. 62
4. **WASTE** ("If he does not want to stop drinking, don't waste time trying to persuade him.") p. 90