

**September 21, 2021**  
**IR Meeting**  
**AGENDA ITEMS**

Opening: 7:30 (Laura)      Zoom ID: 822 1669 6438 ID: 245445

Ask for New IRs

Preamble

Birthdays

Concept 5: (Carl B)

Approval of Past Minutes: (Matt)

Treasurer's Report: (David)

1. Treasurer's Report

Executive Secretary's Report: (Don .B.)

1. Meetings are returning to Zoom
2. BOOK STORE IS OPEN – Mask are still Required
3. Keep CSO informed as to changes to your Group's meeting

Summary of tonight's Alano Board Meeting: (Laura) (items not on IR Agenda)

Old Business:

1. None

New Business:

1. New Business Items From IR's

Q&A: General Questions for Your Alano Board

Group Networking: (Groups are encouraged to exchange ideas and share issues of concern for their group with other groups, rather than just announce events that will be listed in the newsletter)

Close: I am responsible, when anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.

**MINUTES ON THE REVERSE SIDE**

# AUG 17, 2021

## IR Meeting

### MINUTES

Opening: 7:30 (Serenity Prayer)

Introduction of 2020 Alano Board Laura introduced 2021 Board Don B, Matt H, David G and Jack C.

Preamble Don

Birthdays:

Susan 40 years!!!!

Approval of Past Minutes: Approved

Carl B gave a presentation on Concept 5.

Treasurer's Report: (David G)

1. Treasurer's Report:
  - a. Ron H asked how to get a copy of small print. Don said he could email it to Ron, David said anyone wanting a copy can ask Don to email it to them.
  - b. David talked about looking into past boards that left us in the good financial position we are in through this pandemic. We are looking into what we can do in short and long term to maintain our fiscal position.
  - c. Abby asked is C.S.O. going to be cutting the budget, David said we are looking into other C.S.O.'s and hoping to having more answers in the coming months.

Executive Secretary's Report: (Don B.)

1. Book Store remains open. Some meetings around town went back to Zoom meetings. Keep keep C.S.O. informed of changes.
2. Continuing to collect Grapevines.
3. Banquet tickets went on sale last week.
  - a. Linnea asked do we need to fill out registration form out if we buy online. Don pointed out they need contact person in case of cancellation to get refund.

Summary of tonight's Alano Board Meeting: (Laura)

1. Looking into ways to reaching out to alcoholics, welcoming all ideas.
2. Bowling night has been suspended.
3. Baseball night is going to happen, will be selling approximately 20 tickets. Event probably in September.
4. Picnic will be October 9<sup>th</sup>. Holding off sending out too much information on it in case of cancellation.

#### New Business / IR Sharing

Stephen asked about ne IR information. Susan said put name and number in chat and you will be contacted.

Grant H. said meeting at 4pm Saturdays half in person half on Zoom at C.S.O.

Ron H. Group 356 annual potluck, 36<sup>th</sup> anniversary, this year instead will open an hour early for fellowship and snacks on September 27<sup>th</sup>.

Rick H. Oak hill 969 is now hybrid.

Matt H. Group 414, fridays at 7:30pm at St. Pauls Church on Telegraph Rd. is meeting outside weather permitting.

Ken W. Group #121 6 days a week at 7am South Side Church of god.

Meeting Closed at 8:09pm ( Responsibility Statement )

# 2021 Alano Budget vs Actual

	<b>AUGUST</b>		<b>YTD</b>	
<b><u>INCOME</u></b>	<u>Actual</u>	<u>Budget</u>	<u>Actual</u>	<u>Budget</u>
All Contributions	\$14,138	\$10,475	\$82,518	\$83,800
Literature	\$4,819	\$4,583	\$34,547	\$36,667
All Other Income	\$1,858	\$1,808	\$7,177	\$7,233
<b>TOTAL INCOME</b>	<b>\$20,815</b>	<b>\$16,867</b>	<b>\$124,242</b>	<b>\$127,700</b>
<b><u>Disbursements</u></b>				
All Literature	\$3,898	\$2,650	\$18,100	\$21,200
Payroll	\$8,519	\$8,710	\$67,718	\$69,681
Rent & Utilities	\$4,809	\$5,048	\$39,480	\$40,381
Insurance	\$0	\$0	\$4,890	\$4,750
All Other Expenses	\$1,136	\$1,856	\$10,086	\$14,851
<b>Total Disbursements</b>	<b>\$18,361</b>	<b>\$18,264</b>	<b>\$140,274</b>	<b>\$150,863</b>
<b>Total P&amp;L</b>	<b>\$2,454</b>	<b>(\$1,398)</b>	<b>(\$16,032)</b>	<b>(\$23,163)</b>
Beginning Check Book Balance		\$25,029		
Ending Check Book Balance		\$27,483		
Prudent Reserve Balance		\$102,251		

# CELEBRATE

YOUR SOBRIETY AT THE  
THE OLDEST CONTINUOUS AA BANQUET IN THE WORLD!



## 80TH ANNUAL CENTRAL OFFICE

# ALANO BANQUET

### Orlando South County

4300 Hoffmeister, St Louis, 63125

Featuring

Carol M. Orange, CA

**Saturday, November 20, 2021**

◆6:00 pm Social Hour ◆ 7:00 pm Buffet Dinner◆  
◆9:30 pm ALANO Ball◆

**Tickets are \$45** each (10 chairs per table)  
To sit together—Submit together!

*Scholarships available for newly sober first time attendees – call Central Service*

-----Banquet Registration-----

Name: \_\_\_\_\_

Make checks payable and mail to:

Address: \_\_\_\_\_

ALANO Banquet  
14 Sunnen Drive Suite 144  
Maplewood, MO 63143

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

# of paid tickets: \_\_\_\_\_ additional donation for scholarship fund: \$ \_\_\_\_\_ Group # \_\_\_\_\_

Total \$ \_\_\_\_\_ enclosed

ON-LINE TICKET SALES AT: [WWW.ALANOBANQUET.ORG](http://WWW.ALANOBANQUET.ORG)

# Safety and A.A. flyer

*A.A. groups are made up of alcoholics who gather for the sole purpose of staying sober and helping other alcoholics to achieve sobriety.*

Safety is a topic within A.A. that groups and members may need to address to help ensure the ability to carry the message to the alcoholic who still suffers. Our Twelve Traditions provide a set of principles to help guide us, and the additional shared experience pertaining specifically to safety provided in this service piece may be helpful if challenges arise at in-person or virtual settings.

**A.A.** membership does not include having to tolerate sexual harassment, threats of violence, financial coercion, or bullying. Nor is pressuring A.A. members into a particular point of view or belief relating to medications, religion and other outside issues acceptable.

No one should have to tolerate racial, sexual orientation, gender, age or other discrimination when they seek help from A.A.

### **Keep in mind:**

While most groups operate with a healthy balance of spontaneity and structure, there are a number of situations that can threaten group unity and challenge the safety of the group and its members.

- Unwanted sexual advances and predatory behaviors are in conflict with carrying the A.A. message of recovery.
- There may be other behaviors that go on outside of typical meeting times that may affect whether someone feels safe to return to the group.
- Disruptive situations may frighten or alarm members, new and old.
- As reflected in A.A.'s Tradition Three (Long Form), "Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover." However, an A.A. group could ask someone to stop attending their meetings if the person is disruptive and prevents the group from carrying the message. *No A.A. entity proposes to bar any individual from membership in Alcoholics Anonymous.*
- Calling the proper authorities *does not* go against A.A. Traditions. Anonymity is not a cloak protecting criminal or inappropriate behavior. Any conduct within an A.A. meeting is subject to the same laws that apply outside the meeting.
- Involvement in any business ventures, investments, loans, employment and/or any services

offered in exchange for any fees is outside of the purpose of an A.A. group. If these activities do occur, they should take place with the clear understanding that these activities are outside of A.A.

- The only requirement for membership is a desire to stop drinking; therefore, groups strive to create a warm and welcoming environment to the alcoholic who has not yet stopped drinking.

### **Samples of statements on safety:**

Groups determine the formats of their meetings reflecting their needs, experience and group conscience. Below are a few examples of language used by some A.A. groups as part of their introductory announcements in their efforts to create a safe meeting place. Please feel free to select or adapt any text from this flyer that fits your group's needs.

- *Our group strives to create a safe meeting environment where alcoholics can focus on gaining and maintaining sobriety.*
- *As our Traditions remind us, despite personal differences, our common welfare is critical and comes first. Therefore, we ask that group members and others refrain from any behavior that might compromise another person's welfare, safety, or ability to participate in the group.*
- *This group welcomes all those seeking help with a drinking problem. A.A. is inclusive, never exclusive.*
- *Those who experience any harassment that makes it difficult to receive the A.A. message of recovery can feel free to let the group know about such situations and can, of course, take appropriate action.*
- *We respect and protect your anonymity; however, all in attendance should be aware that our principle of anonymity does not mean that an A.A. member cannot or should not contact the appropriate authorities if they are subjected to or learn about illegal behavior by another A.A. member.*
- *Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.*
- *So that our group can carry out our meeting, please keep in mind that disruptive behavior is not*



*tolerated. This group defines disruptive behavior as [insert examples].*

### **Some suggestions:**

- In discussions about safety, keep the focus on our primary purpose, our common welfare, and placing principles before personalities.
- Communicate clearly what A.A. is and what it is not.
- To raise awareness about safety concerns, discuss the topic at group conscience meetings, service workshops, and, when appropriate, with a sponsor.
- Consider developing group guidelines and procedures on safety.
- Consider including safety as a topic for a group inventory.
- If concerns arise, speak with a sponsor, trusted friend and/or a professional to address the concern.
- Contact your District Committee Member (D.C.M.) or Area Delegate for local shared experience.

### **Emergencies:**

Accidents, medical emergencies, fires, etc., sometimes do occur during meetings. To prepare for these situations, groups can develop plans and procedures, often in consultation with their landlord or local authorities. Addressing an emergency situation is more important than continuing the meeting, and members should not hesitate to call emergency personnel in critical situations. It is suggested that groups and members with health and safety questions contact national, state/provincial and local health authorities for appropriate information.

### **Safety and A.A. in the digital age**

The Internet and social media platforms have greatly impacted how A.A. members interact with each other and with potential members. Relating to safety, the principles that apply to “in person” A.A. settings also apply to A.A. phone, online, and social media settings.

## **Related A.A. resources: [www.aa.org](http://www.aa.org)**

- A.A.'s Twelve Traditions
- The service piece "Safety and A.A.: Our Common Welfare" (SMF-209)
- "Safety Card for A.A. Groups" (F-211)
- Service material "Information on A.A." (F-2)
- A.A. pamphlet "The A.A. Group... Where It All Begins" (P-16)
- A.A. pamphlet "Questions and Answers on Sponsorship" (P-15)
- A.A. pamphlet "Frequently Asked Questions About A.A." (P-2)
- "The A.A. Member — Medications and Other Drugs" (P-11)

As embodied in the Fourth Tradition, the formation and operation of an A.A. group resides with the group conscience of its members. It is through an informed group conscience that A.A. groups find their solutions to group problems. Service entities such as areas, districts and intergroup/central offices are available to help provide *A.A. services and shared experience*. All groups and entities in A.A. are autonomous. There is no government within A.A. and no central authority to control or direct its members, but we do share our experience, strength and hope.

**General Service Office:**  
P.O. Box 459  
Grand Central Station  
New York, NY 10163

[www.aa.org](http://www.aa.org)

**Music by  
DJ Wolf**

# **District 52's**

**2nd Annual**

## **Potluck Picnic**

**10am-2pm**



# **Saturday Sept. 25th**

**Mini HaHa Park • 801 Old Gravois Rd. 63127  
Pavilion D. (Look for Signs)**

**10:30am Meeting & Speaker • Sobriety Countdown**

**12p Lunch • Meat & Drinks provided by Dist. 5.2**

**1pm Bingo & Prizes**

**Please bring a dish by last name**

**A-H • Veggies & Snacks**

**I-Q • Salads & Sides**

**R-Z • Desserts**

# 23<sup>RD</sup> Annual Illinois Missouri Men's AA Unity Breakfast



***“First Tradition: Personal Recovery Depends On AA Unity”***  
Please join us for the Annual 2021 AA Men's Breakfast

**When:** Sunday, November 7, 2021

**Where:** Regency Conference Center, 400 Regency Park, O'Fallon Illinois 62269

**Doors Open:** 8:00 am

**Breakfast:** 9:00 am

**Speaker:** 10:00 am Rod H.

**Tickets:** \$25

—>**Reserved seating limited to tables of 6 (\$150) call:** Illinois, Bill W. @ (618) 567-5731 & Missouri Bill D. @ (314) 971-0251

**For General Ticket Information call:** Jason F. @ (618) 623-5875

***No Tickets Sold At The Door!!!! Ticket sales deadline is October 10.***

## 2021 Annual Men's Breakfast – Registration Form

*(Complete this form to order tickets by mail!)*

Individual tickets may be purchased by filling out the registration form and returning it with payment to 400 Biltmore Dr. Ste. 540 Fenton, Mo. 63026. **Reserved seating is available, TABLES OF 6**, by contacting **Bill W. @ (618) 567-5731 in Illinois & Bill D. (314) 971-0251 in Missouri.**

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NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

# OF PEOPLE \_\_\_\_\_ SCHOLARSHIP DONATION \_\_\_\_\_ TOTAL ENCLOSED: \_\_\_\_\_

### Mail Check & Form To:

“AIM Unity Breakfast”  
400 Biltmore Dr. Ste 540  
Fenton Mo. 63026

Make Checks Payable To: ***AIM Unity Breakfast***