** WELCOME BACK **

CENTRAL SERVICE OFFICE MEETINGS

The Central Service Office has re-opened the meeting rooms to all the groups that met here before the shutdown. The room occupancy rate is what it was before the shutdown. All we ask is that your group respect the CDC recommendation: that “all that have not been fully vaccinated wear a mask.” As we transition to “normal” we want to feel safe in our AA meetings. All groups might discuss the CDC recommendations about masks in their group conscience meetings.

Listed below are the in-person meetings at the Central Service Office that have resumed. Please check the aastl.org website, which is updated daily.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Group #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday</td>
<td>4:30 PM</td>
<td>1148</td>
</tr>
<tr>
<td></td>
<td>7:00 PM</td>
<td>978</td>
</tr>
<tr>
<td></td>
<td>11:00 PM</td>
<td>806</td>
</tr>
<tr>
<td>Monday</td>
<td>12 Noon</td>
<td>957</td>
</tr>
<tr>
<td></td>
<td>11:00 PM</td>
<td>806</td>
</tr>
<tr>
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<td>7:00 AM</td>
<td>970</td>
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<tr>
<td></td>
<td>12 Noon</td>
<td>1087</td>
</tr>
<tr>
<td></td>
<td>5:30 PM</td>
<td>972</td>
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<tr>
<td></td>
<td>7:00 PM</td>
<td>464</td>
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<tr>
<td></td>
<td>11:00 PM</td>
<td>806</td>
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<tr>
<td>Wednesday</td>
<td>12 Noon</td>
<td>922</td>
</tr>
<tr>
<td></td>
<td>6:30 PM</td>
<td>925</td>
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<tr>
<td></td>
<td>8:00 PM</td>
<td>44</td>
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<tr>
<td></td>
<td>7:00 AM</td>
<td>970</td>
</tr>
<tr>
<td></td>
<td>11:00 PM</td>
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<td>12 Noon</td>
<td>1000</td>
</tr>
<tr>
<td></td>
<td>5:30 PM</td>
<td>577</td>
</tr>
<tr>
<td></td>
<td>6:00 PM</td>
<td>1045</td>
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<td>8:00 PM</td>
<td>47</td>
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<td>11:30 AM</td>
<td>250</td>
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<td></td>
<td>6:00 PM</td>
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<td></td>
<td>6:00 PM</td>
<td>1108</td>
</tr>
<tr>
<td></td>
<td>Midnight</td>
<td>735</td>
</tr>
</tbody>
</table>

“When World War II broke out, this spiritual principle had its first major test. AA’s entered the services and were scattered all over the world. Would they be able to take discipline, stand up under fire, and endure the monotony and misery of war? Would the kind of dependence they had learned in A.A. carry them through? Well, it did. They had even fewer alcoholic lapses or emotional binges than A.A.s safe at home did. They were just as capable of endurance and valor as any other soldiers. Whether in Alaska or on the Salerno beachhead, their dependence upon a Higher Power worked. And far from being a weakness, this dependence was their chief source of strength.”

*Twelve Steps and Twelve Traditions, p. 38*

SAVE THE DATE—NOVEMBER 20, 2021

The Oldest, Continuous AA Banquet in the WORLD!!

80th Annual Alano Banquet
Orlando Event Center-South

UPCOMING EVENTS

JULY 24
National CPC Workshop, “Discovered for Professionals,” “Understanding the solution to help your clients.” 12:00 PM, Zoom ID: 842-3524-8884; Meeting Passcode: 411

JULY 30, 31, AUGUST 1
Missouri State Convention, “AA In A Time of Change,” Capitol Plaza Hotel, 415 W. McCarty Street, Jefferson City, 65101, Register online: MOSTATECONVENTION.ORG

AUGUST 21
Trivia Night, 6:00 PM, Crestwood Community Center, 9245 Whitecliff Lane, Crestwood 63126, www.springflingstl.com

NEW MEETING
Alphabet Soup, Big Book Study & Speaker Last Day of Month, Thursday, 5:30 PM, LGBTQI & Friends
In-person: 3974 Humphrey Street, St. Louis City, 63116
Zoom ID: 929-526-9860

CENTRAL SERVICE OFFICE
#14 Sunnen Drive . Suite 144 . Maplewood, MO 63143 . 314-647-3677 . www.aastl.org . email: alano@aastl.org
God, grant me the serenity...

314-647-3677

GROUP #107
Thomas    4 Years
Angela    25 Years!!

GROUP #142
Greg B.   8 Years
John B.   18 Years!
Jim F.    29 Years!!
Patsy H.  33 Years!!!

GROUP #166
Emily W.  19 Years!

GROUP #198
Bob K.    40 Years!!!!

GROUP #344
Ron C.    3 Years
Marc S.   4 Years
Becca H.  9 Years
Michelle B.  11 Years!
Gary B.    19 Years!
Bob N.    19 Years!
Denise M.  20 Years!!

Dennis M. 24 Years!!

GROUP #416
Lisa B.   17 Years!

GROUP #449
Tammy S. 1 Year
Mike M.   4 Years
John W.   4 Years
Lori G.   34 Years!!!
John B.   37 Years!!!

GROUP #982
Bill F.   21 Years!!

Thanks for celebrating the miracle of your recovery with us!

A.A. TRIVIA
What are the three Legacies of Alcoholics Anonymous?  

Answer on page 3

A.A. WORD SCRAMBLE
Words used in A.A. Big Book

1. IBEODS
2. JTTSRSEI
3. LTAV
4. LCDOIARALY

(Answers on pg. 3)

Submitted by: Debra T., A Friend of Bill W.
G.O.D.

“In the literature of Alcoholics Anonymous, we read about a Higher Power or God of our own understanding. Alcoholics Anonymous Big Book (page 12) states: ‘My friend suggested what then seemed a novel idea. He said, Why don’t you choose your own conception of God?’

“After letting go of deep resentments resulting from my birth religion, my HP has changed—evolving over the years as I have grown in the A.A. program. I came to accept that religion is manmade, and that spirituality comes to me from a personal connection with my conception of Higher Power/God. The process of building that connection began when I started using our principle to ‘Let Go, Let God.’

“When I do not overthink my HP, I am able to stay in the moment and do the next right thing. The God of my understanding lives in the now. It is important to me to keep it simple, envisioning God as Love, or using the G.O.D. acronym.

“Throughout the years I have attended 12-step meetings, I have heard many acronyms for the word GOD. Below is a collection of these:

<table>
<thead>
<tr>
<th>Good Orderly Direction</th>
<th>Great Outdoors</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group Of Drunks</td>
<td>Guide Our Dreams</td>
</tr>
<tr>
<td>Gift Of Desperation</td>
<td>Go On Doing</td>
</tr>
<tr>
<td>God Opens Doors</td>
<td>Guidance Obedience Discipline</td>
</tr>
<tr>
<td>And my personal favorite—Grace Over Drama!</td>
<td></td>
</tr>
</tbody>
</table>

“If you have a G.O.D. acronym that isn’t listed above, please email the office. They will publish the new ones in the newsletter and expand the list to help us all discover a deeper and more varied view of the G.O.D. of our understanding.” Submitted by: “A Grateful Member of AA”

We alcoholics see that we must work together and hang together, else most of us will finally die alone.”

Alcoholics Anonymous, Appendices, pg. 561

A.A. WORD UNSCRAMBLE

1. BODIES (We think it no concern of ours what religious bodies our members belong to)
2. JITTERS (It may be worth a bad case of jitters if we get a full knowledge of your condition)
3. VIITA (We say this vital step we may not
4. CORRAILO (No is too discouraged of has sunk)
5. JERRY (The suggestions for service are described in the Twelve Steps; the suggestions for recovery are the Twelve Steps; the suggestions for studying are the Twelve Steps)
6. TRIVIA (Alcoholics Anonymous comes of age)