



CENTRAL SERVICE OFFICE

JANUARY 2021 NEWSLETTER



MEETING INFO

AA BIRTHDAYS

AA-RELATED ARTICLES

CONTRIBUTIONS

UPCOMING EVENTS

2020 - WHAT A YEAR IT HAS BEEN!

First off, we want to say "thank you" to all the AA members and groups who have supported the Central Office this past year!!!

While the office has taken a financial blow, it remains on a solid financial footing. The increases in individual contributions via Pay-Pal have been a lifesaver for the office.

The office and book store remain closed to walk-in customers. Literature and coins can be purchased at the door. Contributions can be dropped off there as well.

The building remains closed for meetings. We are looking forward to re-opening the building at some point in 2021 - once the pandemic is under control.

The phones and e-mails are still being answered in the usual manor. We have set in place a system where we can answer the phones, respond to e-mail, publish the newsletter, update the website and calendar all without having to be in the office, if need be. That system was put to the test when one of our staff came down with Covid earlier this year. Thankfully, they have made a full recovery.

2020 also saw changes to the website due to the rapidly changing status of meetings. We've added a pop-up with a link to Virtual Meetings information and an additional link to the In-person meetings *that we have been made aware of*. The Central Service Office staff members are posting changes daily.

As of March we've seen a threefold increase in phone calls into the office, and similar increases in web traffic and emails. Calls from "newcomers" have doubled from previous years. The advent of the virtual meeting has been a real benefit to the newcomer. Now there are more meetings at many different hours of the day for us to direct them.

We have had a 10 percent increase in sign-ups for our e-Newsletter in 2020 as well. To receive blast e-mails of news and events, go to the bottom of any page on our website, www.aastl.org, and subscribe to "Join Our Newsletter."

There has also been an increase in on-line contributions from individual AA members through Pay-Pal. THANK YOU! Contributions through Pay-Pal or the Pay-Pal app can be made to: alano@aastl.org

Wishing you a healthy and sober 2021. We will get through this trying time - One Day at a Time.

Yours in service;
Don B.

CENTRAL SERVICE OFFICE

#14 Sunnen Drive . Suite 144 . Maplewood, MO 63143 . 314-647-3677 . www.aastl.org . email: alano@aastl.org

Birthdays celebrated are 30 Days, 6 Months, and Years thereafter. Please call birthdays in to the office after they have been celebrated. Thank You!
314-647-3677
God, grant me the serenity...



GROUP #5

Mike K. 8 Years

GROUP #53

Dave L. 8 Years
Curt K. 39 Years!!!

GROUP #81

Chase 5 Years
Ken 17 Years!
Rob W. 31 Years!!!

GROUP #107

Brad 1 Year
Kit R. 9 Years
Greg S. 31 Years!!!
Fred B. 32 Years!!!
Dan H. 35 Years!!!

GROUP #166

Caitlin F. 30 Days
Lindsey G. 13 Years!

GROUP #220

Jean 6 Months
Rachel 1 Year
Deb A. 2 Years
Circe D. 10 Years!
Sharyn J. 13 Years!
Edith J. 17 Years!
Linda W. 24 Years!!
Marie 26 Years!!
Chris I. 33 Years!!!
Carol W. 35 Years!!!
Tina H. 36 Years!!!



THINGS WE CANNOT CHANGE

Rick F.
Group #350
David B.
Group #350

They will be missed by all who knew them.

GROUP #344

Ed H. 4 Years
Greg J. 34 Years!!!

GROUP #416

Sherrie Z. 25 Years!!
Teresa T. 30 Years!!!

GROUP #449

Kristine Z. 3 Years
Jim S. 5 Years
Bill S. 30 Years!!!
Mary Ann R. 36 Years!!!

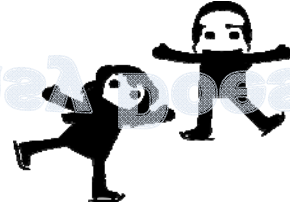
GROUP #744

Carmen C. 2 Years
Sarah H. 8 Years
Dana W. 14 Years!
Joanne R. 43 Years!!!!

THANKS FOR CELEBRATING THE "MIRACLE" OF YOUR RECOVERY WITH US!

Please continue to call in your group's Birthdays! We love posting them. Thank You!

Easy Does It!
Slide & Glide!



WE WISH YOU A HAPPY, JOYOUS & FREE NEW YEAR - 2021

FROM YOUR AA ARCHIVES OFFICE:

ENCORE PRESENTATION

"St. Louis A.A. and the Central Service Office"

**Tuesday, January 12, 2021
6:30 PM**

Zoom Number: 608 588 2895

Password: cowboy

"Success consists of going from failure to failure without loss of enthusiasm."

Winston Churchill



"We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called Opportunity and its first chapter is 'New Year's Day.'"

Edith Lovejoy Pierce


A.A. WORD SCRAMBLE

Words used in A.A. Big Book

1. ECASE _____
2. TDROESRE _____
3. LSTYRGON _____
4. FPALINU _____

(Answers on pg. 3)

NOVEMBER 2020 CONTRIBUTIONS TO CENTRAL SERVICE OFFICE						
#	AMT	#	GROUP	AMT	GROUP	AMT
28	\$5.00	15	Promises 50	\$50.00	Individual	\$10.00
138	\$150.00	106	Love & Tolerance	\$91.13	Individual	\$10.00
220	\$7.50	253	The Group	\$120.00	Individual	\$15.00
299	\$76.00	307	Rancho Mirage	\$50.00	Individual	\$15.00
306	\$160.00	344	There is a Solution	\$109.75	Individual	\$15.00
318	\$260.00	448	Not Saints	\$435.00	Individual	\$15.00
355	\$20.00	469	Working With Others	\$100.58	Individual	\$20.00
362	\$150.00	669	The Breakfast Club	\$475.00	Individual	\$20.00
387	\$166.00	747	Keep On trudging	\$124.07	Individual	\$20.00
409	\$43.50	792	KISS	\$216.50	Individual	\$20.00
541	\$400.00	921	New Eureka Women's	\$39.00	Individual	\$20.00
657	\$120.00	940	A Newfound Freedom	\$280.00	Individual	\$20.00
814	\$200.00	1045	Group 1045	\$97.50	Individual	\$24.00
972	\$350.00	1136	Sober Savages	\$165.00	Individual	\$25.00
			11 @ 11	\$85.00	Individual	\$25.00
			Birthday	\$58.40	Individual	\$25.00
			Birthday	\$100.00	Individual	\$25.00
			Individual	\$20.00	Individual	\$25.00
			Individual	\$25.00	Individual	\$25.00
			Individual	\$25.00	Individual	\$30.00
			Individual	\$2,067.00	Individual	\$50.00
			Memorials	\$655.00	Individual	\$50.00
			Via Pay-Pal		Individual	\$50.00
			Individual	\$5.00	Individual	\$50.00
			Individual	\$5.00	Individual	\$50.00
			Individual	\$10.00	Individual	\$100.00
			Individual	\$10.00	Individual	\$100.00
			Individual	\$10.00	Individual	\$100.00
			Individual	\$10.00	Individual	\$100.58
			Individual	\$10.00	Individual	\$102.00
			Individual	\$10.00	Individual	\$125.00
			Individual	\$10.00	Individual	\$150.00
			Individual	\$10.00	Individual	\$165.00
			Individual	\$10.00	Individual	\$200.00
			Individual	\$10.00	Individual	\$200.00
			Individual	\$10.00		
NOVEMBER 2020 TOTAL				\$9,613.51		

LIFELINE 

"...The joy of living we really have, even under pressure and difficulty. I have seen hundreds of families set their feet in the path that really goes somewhere; have seen the most impossible domestic situations righted; feuds and bitterness of all sorts wiped out. I have seen men come out of asylums and resume a vital place in the lives of their families and communities. Business and professional men have regained their standing. There is scarcely any form of trouble and misery which has not been overcome among us."

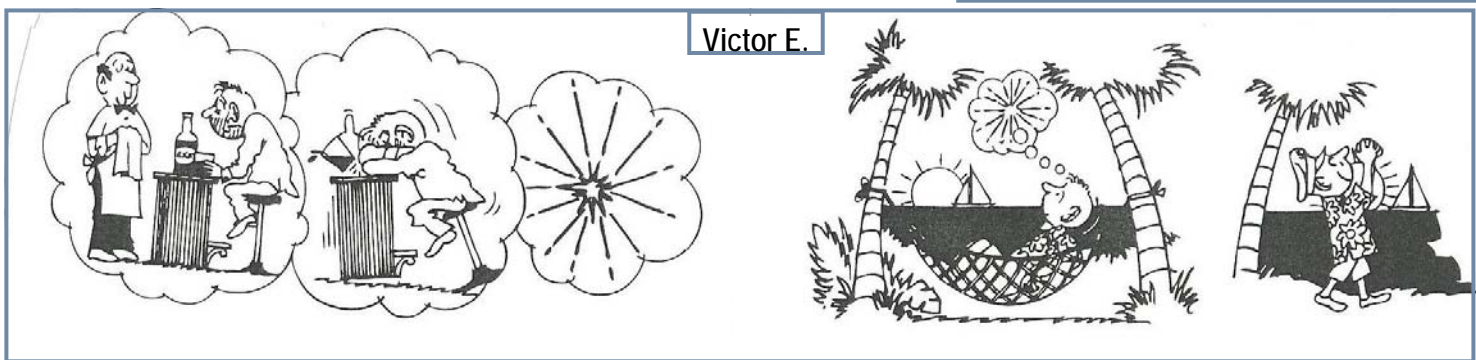
Alcoholics Anonymous
"Bill's Story," pg.15

A.A. SPEAKER BUREAU
St. Louis Metropolitan Area
Call for a speaker:
Central Service Office
314-647-3677
Sign up to speak: aastl.org

A.A. WORD UNSCRAMBLE
(Words used in A.A. Big Book)

- CEASE** ("There was a tremendous urge to cease forever. Yet we found it impossible.") pg. 34
- RESTORED** ("Seemingly he could not drink even if he would. God had restored his sanity.") pg. 57
- STRONGLY** ("The feeling that the drink problem has disappeared will often come strongly.") pg. 75
- PAINFUL** ("But what we have related is based upon experience, some of it painful.") pg. 121

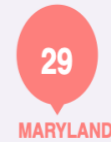
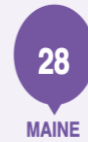
"Each day, somewhere in the world, recovery begins when one alcoholic talks with another alcoholic, sharing experience, strength and hope."
Alcoholics Anonymous, pg. xxii



The A.A. Service Manual

A Study Of The First 12 Chapters

— UNLOCK THE MYSTERY



Thursdays Jan 7- Feb 11
7:00 pm - 8:30 pm ET

Zoom ID 837 3047 2616
Passcode 462942

FMI



p70a12delegate@gmail.com
area28delegate@gmail.com
a29p70delegate@gmail.com

A.A.s Legacy & Introduction

Terry H.~ Nikki O.~ Cynthia T.

Panel 70 Delegates

12, 28 & 29

The Group and its GSR

Deb D. Past Delegate Area 48

The District and the DCM

Billy N. Past General Service Trustee

The Area Assembly and Activities

Monica F. Panel 71 Area 19 Delegate

The Area Committee

Lori M. Area 29 Chair

The Delegate

Bob W. Past Trustee At Large

The Annual Conference Meeting

Elaine McDowell, Trustee Emeritus, GSB

Conference Committees

Mary C. GSO Staff

The General Service Board

J. Gary L. Past N.E. Past Regional Trustee

The Boards Operating Corporations

Jimmy D. S.W. Regional Trustee

The General Service Office

Phyllis H. Past GM GSO

The AA Grapevine

Cindy F.

Past Delegate Area 71

Current Non-Trustee Director Grapevine
Board

Join us in this collaborative rendition of unlocking the mystery of
The A.A. Service Manual.

Areas 12, 28 & 29 are pleased to invite you to join us on Thursday evenings
from 7 pm – 8:30 pm (ET)
Beginning January 7 – February 11 2021

Come be part of the informative presentations and lively discussion



13TH ANNUAL SPRING FLING CONVENTION “We Are Responsible” April 23 - 25, 2021



Friday 6:00 p.m. BBQ & Washers

Friday 8:00 p.m.

Don L. – Bellingham, WA

Friday 10:00 p.m. Young Person

Speaker

Stacy H. – St. Louis, MO

Saturday 10:00 a.m.

Georgia B. – La Crescenta, CA

Saturday 12:00 p.m. Al-Anon Luncheon

Ellen C. – Addison, TX

Saturday 3:00 p.m. Games & Activities

Fellowship “Family” Feud

Spring Fling Hunt

Saturday 6:30 p.m. BANQUET

Saturday 8:00 p.m.

Paul W. – Sunset Beach, CA

DJ & Dance & Games after Banquet

Speaker

Sunday 9:00 a.m. Breakfast

April S. – Boca Raton, FL

ACTIVITIES

FRIDAY
 BBQ & Washer Games
 Young People’s Meeting
 Ice Cream Social
 Super Smash Brothers
 Tournament

SATURDAY
 Banquet
 Table Trivia
 Fellowship “Family” Feud
 DJ & Dancing
 Music Games

Marathon Meetings
 All weekend long

Hilton St. Louis Airport

Special Room Rate \$92

Mention Spring Fling code: spr

Reserve before 3/19/21 for reduced room rate

10330 Natural Bridge Rd

St. Louis, MO 63134

314-426-5500

See website for map

www.springflingstl.com

Spring Fling Chair – Dave B. 314-346-4279

Registration Chair – Michele S. 314-239-3939

springflingconvention@yahoo.com

FREE PARKING

PLEASE REGISTER EARLY!!!

www.springflingstl.com for PayPal or Venmo – springflingconv

CONVENTION REGISTRATION FORM

Please complete and mail to Spring Fling Convention, PO Box 22002, St. Louis, MO 63126

Complete a separate form for each additional registration, which is REQUIRED FOR ADMITTANCE.

Make checks/money orders payable to Spring Fling Convention

Name: _____
 Phone: _____ AA Al-Anon

Entering information below gives permission to receive mailings
 and/or newsletters from the Spring Fling Only.

Email: _____

Address: _____

City

State

Zip

Pre-Registration or PayPal	\$15	_____
Door Registration	\$20	_____
Friday Night BBQ	\$9	_____
Friday Night Ice Cream Social	\$7	_____
Al-Anon Luncheon Saturday	\$25	_____
Banquet Saturday Night	\$35	_____
Sunday Breakfast Buffet	\$15	_____
Hospitality / Scholarship Donation		_____
Total Amount to be Paid		_____

Please list any special needs here: _____

Cut-off for mail-in registration is April 9, 2021

ALANO SOCIETY of Greater St. Louis, MO, Incorporated

14 SUNNEN DR.
phone (314) 647-3677

(CENTRAL SERVICES OF A.A.)
SUITE 144
fax (314) 647-2907

MAPLEWOOD, MO 63143
www.aastl.org

WRITTEN NOTICE OF ELECTION PROCEDURE

TO ALL GROUPS: Pursuant to the by-laws of The Alano Society of Greater St. Louis, Mo. Inc., the following is the listing of the recommended slate of candidates presented by the Nominating Committee for election to the Board of the Alano Society.

Slate of Candidates Presented by the Nominating Committee

President:	Laura F.
Vice-President:	Susan C.
Vice-President:	Richard K.
Secretary:	Matt H.
Treasurer:	David G.
Director at Large:	Betty O'd.
Director at Large:	Richard G.

Other Nominations for Office

No other candidates have submitted their names for consideration pursuant to the by-laws.

As there are no other candidates, pursuant to the by-laws, the slate as recommended shall assume office without the necessity of an election by the membership as a whole.

Donald B
Executive Secretary
January 1, 2021