



# CENTRAL SERVICE OFFICE



## SEPTEMBER 2020 NEWSLETTER

### KNOWN IN-PERSON MEETINGS

Day of Week	Time	Location
All Days	All Groups	212 Club - 204 W Pittman, O'Fallon
All Days	Noon	Pacific Facility - 321 E Orleans, Pacific
All Days	7:00 AM	Center for Spiritual Living, 12875 Fee Fee, Maryland Hgts
Mon - Fri	7:00 AM	Steps Alano Club - 3974 Humphrey, South City
Monday	9:05 AM	Mary Mother of the Church - 5901 Kerth, South County
Monday	10:30 AM	St Luke's UMC - 2761 Telegraph, Lemay
Monday	10:30AM, Noon, 6:30 PM	The Office - 2021 Campus Dr, St Charles
Monday	6:30 PM	New Hope - 3912 Jefco Blvd, Arnold (no one over 60)
Monday	6:30 PM	Mt Zion UMC - 1485 Craig Rd, Creve Coeur
Monday	7:00 PM	Church of Christ - 3512 Gravois, High Ridge
Monday	7:00 PM	Concord Church - 13775 Tesson Ferry Rd, South County
Monday	7:30 PM	St Luke's UMC - 2761 Telegraph, Lemay
Tuesday	7:00 AM	Faith DesPeres Presby - 11155 Clayton Rd, Frontenac
Tuesday	Noon	Henry House - 102 S Henry, Farmington
Tuesday	10:30 AM, 8:00 PM	The Office - 2021 Campus Dr, St Charles
Tuesday	5:30 PM	St Luke's UMC - 2761 Telegraph, Lemay
Tuesday	6:00 PM (Women)	High Ridge Church of Christ - 3512 Gravois Rd, Brynes Mill
Tuesday	7:00 PM (Newcomer)	Steps Alano Club - 3974 Humphrey, South City
Tuesday	7:00 PM	South Side Church of God - 12145 Tesson Ferry Rd, South County
Tuesday	7:00 PM	Dardene Presby - 7400 South Outer 364, Dardenne Prairie
Tuesday	7:00 PM (Men)	Pacific Facility - 321 E Orleans, Pacific
Tuesday	7:00 PM	Trinity Lutheran - 309 Taylor, Park Hills
Tuesday	7:00 PM	Henry House - 102 S Henry, Farmington
Tuesday	7:00 PM (Men)	Wellspring Family Church - 5293 South Lindbergh Blvd, Sappington
Tuesday	7:30 PM	St Luke's UMC - 2761 Telegraph, Lemay
Wednesday	10:30 AM, Noon	The Office - 2021 Campus Dr, St Charles
Wednesday	6:00 PM (Women)	The Office - 2021 Campus Dr, St Charles
Wednesday	6:30 PM	Webster Groves Church of Nazarene - 145 E Old Watson, Webster
Wednesday	7:00 PM	Steps Alano Club - 3974 Humphrey, South City
Wednesday	7:30 PM	Southgate Church, 9820 East Watson, Crestwood
Wednesday	7:30 PM	Our Lady's Church - 1550 St Mary Ln, Festus
Thursday	7:00 AM	Faith DesPeres Presby - 11155 Clayton Rd, Frontenac
Thursday	Noon	The Office - 2021 Campus Dr, St Charles
Thursday	Noon	Potosi Library - 235 E High St, Potosi
Thursday	Noon, 7:00 PM	Henry House - 102 S Henry, Farmington
Thursday	6:30 PM (Men)	The Office - 2021 Campus Dr, St Charles
Thursday	6:30 PM	Sacred Heart Church - 17 Ann, Valley Park
Thursday	6:30 PM	Faith Lutheran - 6101 Telegraph Rd, Oakville
Thursday	7:00 PM	Steps Alano Club - 3974 Humphrey, South City
Thursday	7:00 PM (Men)	Pacific Facility - 321 E Orleans, Pacific

(cont'd pg. 3)

**Birthdays celebrated are 30 Days, 6 Months, and Years thereafter. Please call birthdays in to the office after they have been celebrated. Thank You!**  
**314-647-3677**

God, grant me the serenity...



**GROUP #43**

Jim H. 39 Years!!!  
 Lee L. 40 Years!!!!  
 John B. 46 Years!!!!

**GROUP #53**

Greg M. 11 Years!  
 Rene L. 32 Years!!!  
 Catherine S. 37 Years!!!

**GROUP #144**

Barb B. 1 Year  
 Sandy G. 20 Years!!  
 Kathy B. 34 Years!!!

**GROUP #220**

Cynthia 30 Days  
 Margaret H. 30 Days  
 Kay S. 6 Months  
 Denise S. 12 Years!  
 Susan C. 39 Years!!!

**GROUP #358**

Tamera C. 1 Year  
 Mel C. 6 Years  
 Dan R. 7 Years  
 Linda B. 35 Years!!!

**GROUP #416**

Gayle D. 1 Year  
 Donna L. 14 Years!  
 Lisa W. 18 Years!

**GROUP #449**

Chrissy B. 3 Years  
 Joe Q. 5 Years

Quincy 6 Years  
 Edward L. 13 Years!  
 Deb S. 13 Years!  
 Peggy H. 16 Years!  
 George W. 16 Years!  
 Gary Q. 36 Years!!!

**THANKS FOR CELEBRATING THE "MIRACLE" OF YOUR RECOVERY WITH US!**

**WHAT IS A MIRACLE?**

"An unusual or wonderful event that is believed to be caused by the power of God."

"A very amazing or unusual event, thing or achievement."  
*Merriam-Webster Dictionary*

**"Thanks for the Miracle" Kathy K.**

**TO THINE OWN SELF BE TRUE!**

**LIVE AND LET LIVE!**

**NOTICE NOTICE**

**DUE TO COVID-19 THE 2020 ALANO BANQUET WILL BE HELD ON ZOOM!**

**80th ALANO BANQUET \*\* SAVE THE DATE \*\***

**NOVEMBER 21, 2020 Starting at 10:00 AM**

**More details to come!**

**DISTRICT #41 P.O. BOX IS CLOSED**

Please send contributions in care of:  
 AA Central Service Office  
 #14 Sunnen Drive, Ste.144  
 Maplewood, MO 63143

Thank you!



**THINGS WE CANNOT CHANGE**

AA Members:

Tom S.  
 Robert H.  
 Wilbur B.

They will be missed by all who knew them.

**LIFELINE**



**Celebrating AA Birthdays ...**

After enjoying many sober years in AA, I somehow got the ridiculous idea that announcing my AA birthday and passing my coin at meetings was grandiose ("some are sicker than others"). I started celebrating quietly, thanking my Higher Power, purchasing my own coin, and asking for one more sober day.

While attending the funeral of a young woman in AA, her husband told me that she had celebrated her AA birthday a few days before she passed away. He said she was very sick, but went to her home group to pass her coin and celebrate many years sober "in gratitude and for the newcomer."

Hearing that, I was immediately "restored to sanity." I now announce my birthday at AA meetings, thank my Higher Power and fellow AA's, and pass my coin. This is a wonderful way to carry the message and express gratitude to the God of my understanding and the AA fellowship for doing for me what I cannot do for myself.

*Anonymous*

**Yesterday is so far in the past I can't see it; tomorrow is too distant in the future to be seen. So I'll take a good look at what I can see - Today!**

**A.A. WORD SCRAMBLE**

*Words used in A.A. Big Book*

1. W G L N O I G \_\_\_\_\_
2. A D M I L M E \_\_\_\_\_
3. L I T N R E V A \_\_\_\_\_
4. D C R W O \_\_\_\_\_

*(Answers on pg. 4)*

**KNOWN IN-PERSON MEETINGS (cont'd)**

Day of Week	Time	Location
Thursday	7:30 PM	Watson Terrace Church - 4205 Watson, South City
Friday	10:00 AM	St Luke's UMC - 2761 Telegraph, Lemay
Friday	Noon, 6:30 PM	The Office - 2021 Campus Dr, St Charles
Friday	8:00 PM	Steps Alano Club - 3974 Humphrey, South City
Saturday	7:00 AM	Faith DesPeres Presby - 11155 Clayton Rd, Frontenac
Saturday	10:00 AM, 10:30 PM	The Office - 2021 Campus Dr, St Charles
Saturday	10:00 AM	Henry House - 102 S Henry, Farmington
Saturday	6:30 PM	South Side Church of God - 12145 Tesson Ferry Rd, South County
Saturday	6:30 PM (Men)	Pacific Facility - 321 E Orleans, Pacific
Saturday	7:00 PM	Henry House - 102 S Henry, Farmington
Saturday	8:30 PM	Steps Alano Club - 3974 Humphrey, South City
Sunday	7:00 AM	Faith DesPeres Presby - 11155 Clayton Rd, Frontenac
Sunday	6:00 PM	St Joseph's Church - 6020 Old Antonia Rd, Imperial
Sunday	7:00 PM	Steps Alano Club - 3974 Humphrey, South City

Please contact ... the Central Service Office with any changes to your group's virtual or in-person meeting. All group information needs to be current—it can make a difference in someone's life.

Please review your meeting information and keep the Central Service Office informed.

Thank you!

  
**SPEAKER BUREAU**  
**St. Louis A.A.**  
**Metropolitan Area**  
 Call for a speaker:  
 Central Service Office:  
 314-647-3677  
 Sign up to speak:  
 aastl.org

BOOK OF THE MONTH

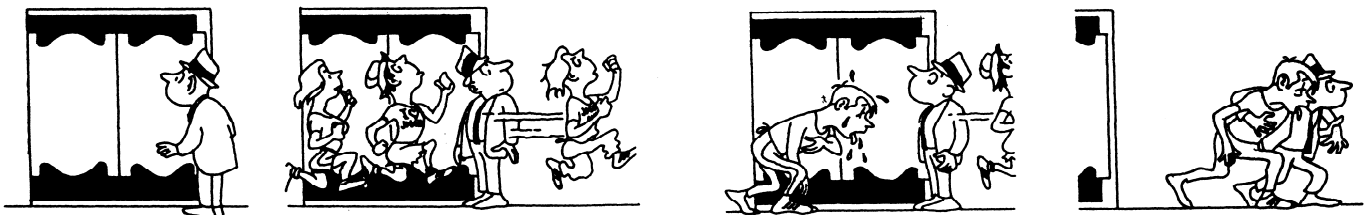
**THE LANGUAGE OF THE HEART**  
 Bill W.'s  
 Grapevine Writings



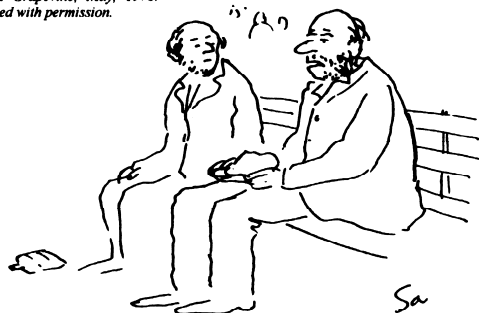
*"And acceptance is the answer to all my problems today. When I am disturbed, it is because I find some person, place, thing, or situation - some fact of my life - unacceptable to me, and I can find no serenity until I accept that person, place, thing, or situation as being exactly the way it is supposed to be at this moment."*

*Alcoholics Anonymous, pg. 417*

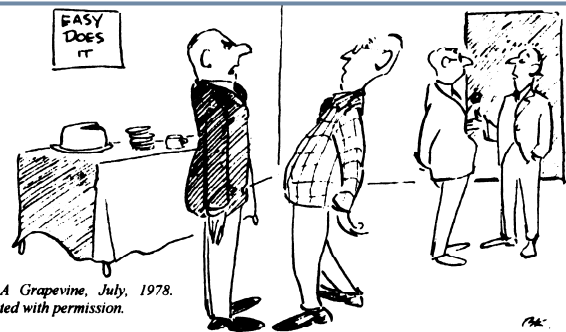
**VICTOR E.**



*The AA Grapevine, May, 1978. Reprinted with permission.*



*"Then, in 1949, I said to myself—why not live by your wits?"*



*The AA Grapevine, July, 1978. Reprinted with permission.*

*"I resent your inference that I might have a resentment!"*

JULY 2020 CONTRIBUTIONS TO CENTRAL SERVICES								
#	AMT	#	GROUP	AMT	GROUP	AMT	GROUP	AMT
3	\$150.00	5	Serendipity	\$25.00	Individual	\$40.00	Individual	\$20.00
12	\$30.00	8	New Day	\$300.00	Individual	\$50.00	Individual	\$24.00
33	\$150.00	84	Dry Noon Group	\$200.00	Individual	\$50.00	Individual	\$24.00
109	\$101.07	106	Love and Tolerance	\$66.88	Individual	\$50.00	Individual	\$25.00
220	\$49.00	107	Gold Cup	\$51.07	Individual	\$50.00	Individual	\$25.00
332	\$30.00	178	Carry the Message	\$75.00	Individual	\$50.00	Individual	\$25.00
387	\$186.00	281	Big Book Comes Alive	\$125.00	Individual	\$50.00	Individual	\$25.00
414	\$25.00	307	Rancho Mirage	\$17.50	Individual	\$100.00	Individual	\$25.00
420	\$50.00	344	There is a Solution	\$312.30	Individual	\$100.00	Individual	\$30.00
500	\$58.00	350	Expect a Miracle	\$50.00	Individual	\$100.00	Individual	\$30.00
541	\$250.00	356	We Are Responsible	\$150.00	Individual	\$105.00	Individual	\$30.00
741	\$150.00	448	Not Saints	\$102.50	Individual	\$150.00	Individual	\$32.00
752	\$392.00	456	Gateway to Freedom	\$78.90	Individual	\$200.00	Individual	\$32.00
1046	\$100.00	460	Baden	\$10.00	Individual	\$250.00	Individual	\$40.00
1131	\$20.00	575	Nick of Time	\$250.00	Individual	\$250.00	Individual	\$40.00
		582	Noon-Timers	\$125.00	Individual	\$500.00	Individual	\$50.00
		669	The Breakfast Club	\$720.00	Individual	\$500.00	Individual	\$50.00
		699	Sisters of Sobriety	\$75.00	<b>VIA PAY PAL</b>		Individual	\$50.00
		778	Sycamore Group	\$130.00	Individual	\$5.00	Individual	\$50.00
		969	Oakhill Group	\$60.00	Individual	\$5.00	Individual	\$50.00
		1040	Monday Night Group	\$30.33	Individual	\$10.00	Individual	\$50.00
		1105	Essentials of Recovery	\$50.00	Individual	\$10.00	Individual	\$50.00
			Birthday	\$74.00	Individual	\$10.00	Individual	\$50.00
			Birthday	\$85.00	Individual	\$10.00	Individual	\$53.00
			Individual	\$10.00	Individual	\$10.00	Individual	\$58.00
			Individual	\$10.00	Individual	\$10.00	Individual	\$80.00
			Individual	\$15.00	Individual	\$10.00	Individual	\$100.00
			Individual	\$15.00	Individual	\$10.00	Individual	\$100.00
			Individual	\$20.00	Individual	\$10.00	Individual	\$100.00
			Individual	\$21.50	Individual	\$15.00	Individual	\$100.00
			Individual	\$25.00	Individual	\$15.00	Individual	\$100.00
			Individual	\$25.00	Individual	\$20.00	Individual	\$100.00
			Individual	\$25.00	Individual	\$20.00	Individual	\$100.00
			Individual	\$25.00	Individual	\$20.00	Individual	\$100.00
			Individual	\$25.00	Individual	\$20.00	Individual	\$101.00
			Individual	\$25.00	Individual	\$20.00	Individual	\$150.00
			Individual	\$25.00	Individual	\$20.00	Individual	\$200.00
			Individual	\$25.00	Individual	\$20.00	Individual	\$200.00
			Individual	\$25.00	Individual	\$20.00	Individual	\$250.00
			Individual	\$35.00	Individual	\$20.00	Individual	\$350.00
			Individual		Individual	\$20.00	Individual	\$3,000.00
<b>JULY 2020 TOTAL</b>							<b>\$14,105.05</b>	

*"I expect to pass through this world but once. Any good therefore that I can do, or any kindness that I can show to any fellow creature, let me do it now ... for I shall not pass this way again."*

<p><b>A.A. WORD UNSCRAMBLE</b> (<i>Words used in A.A. Big Book</i>)</p> <p>1. <b>GLOWING</b> ("<i>The door opened and he stood there, fresh-skinned and glowing.</i>") pg. 9</p> <p>2. <b>DILEMMA</b> ("<i>Lack of power, that was our dilemma.</i>") pg. 45</p> <p>3. <b>INTERVAL</b> ("<i>If he is seriously interested and wants to see you again, ask him to read this book in the interval.</i>") pg. 95</p> <p>4. <b>CROWD</b> ("<i>Why not bring him into contact with some of our alcoholic crowd? He might have a chance.</i>") pg. 138</p>	<p><b>FOR THE SAFETY OF ALL</b></p> <p>The Central Service Office will continue to process over-the-phone orders.</p> <p>Items can be picked up at the door (<i>masks required</i>) or shipped.</p> <p>Pay by credit card or C.O.D. 314-647-3677</p>
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# Eighty Years!



In 1940, it had been two decades since the great flu pandemic had ravaged the world, but another pandemic, alcoholism, continued to plague humankind as it had for thousands of years. The disease of alcoholism killed most of its victims and crippled the souls of all who were stricken. Yet, a glimmer of hope had arisen. A small fledgling movement had begun 5 years earlier in Akron, Ohio, that offered a way out. Many alcoholics had enjoyed years of continuous release from the bondage of alcoholism. A book, *Alcoholics Anonymous*, had been published in 1939 that described exactly how people had stopped drinking and outlined a specific plan of recovery. From Akron, the movement had expanded to New York, Cleveland, and other cities, including Chicago. News began to spread among all aspects of society, including churches, synagogues, the medical profession, and the news media. People in Missouri were desperate for answers and wrote letters to many different sources, asking how to get in touch with the recovery movement. Those who wrote to the headquarters of A.A. were told that unfortunately, the movement had not yet reached Missouri. Several determined individuals, including a priest, an electrician, a businessman, and a massage therapist travelled to Chicago to determine how to bring A.A. to Missouri. Members of the first Chicago group also travelled to St. Louis where they met in the home of a woman in Webster Groves to plan the first meeting. Then, on the evening of October 30, 1940, five alcoholics (three men and two women) gathered in an apartment on Enright Street in the Delmar Loop of St. Louis and formed the first A.A. Group in Missouri. The miracle of Alcoholics Anonymous had arrived!