



CENTRAL SERVICE OFFICE

JUNE 2019 NEWSLETTER



MEETING INFO AA BIRTHDAYS AA-RELATED ARTICLES CONTRIBUTIONS UPCOMING EVENTS

(See enclosed flyers for details.)

NEW MEETINGS

Step Meeting, Thursday, 7:00 PM, MX-C-NS, Lincoln County Health Department (Conference Room), 5 Health Department Drive, Troy, MO 63379

Emotional Sobriety—Speaker Meeting, 12:00 Noon, MX-O-NS, Northbound Treatment Center, 333 South Kirkwood Road, Suite 305, Kirkwood, 63122

NEEDS SUPPORT

GROUP #70

Friday, 7:30 PM, M-C-NS, St. Andrew's Church, 309 Hoffmeister, Lemay, 63125

GROUP #166

Wednesday, 7:00 PM, F--C-NS, Holy Cross Lutheran Church (Lower Level Fellowship Hall), 13041 Olive Blvd., Creve Coeur, 63141, New Format: Step/Speaker/Discussion

GROUP #1065

Saturday, 6:00 PM, MX-O-NS, St. Luke the Evangelist Church, 7230 Dale, Richmond Heights, 63117

MOVING

District #2 Monthly Meeting Beginning July 11, 2019
New Location: Harris House, 8327 South Broadway, St. Louis, 63111

BABYSITTING

GROUP #324

Tuesday, 7:00 PM, MX-C-NS, Affton Christian Church, 9625 Tesson Ferry Road, Affton, 63123

LOCATION / TIME CHANGE

GROUP #112-FENTON BIG BOOK STUDY

New Day / Time: Thursday, 7:00 PM
New Location: St. Thomas Holy Spirit Lutheran Church, 3980 South Lindbergh Blvd., Sunset Hills, 63127

CANCELED

GROUP #254

Thursday, 7:00 PM, St. Lucas Church, 11735 Denny Road, Crestwood, 63126

(cont'd pg. 2)

KEY:

- C - Closed Meeting (Alcoholics only—i.e., individuals who have a desire to stop drinking.)
- O - Open Meeting (Everyone is welcome; however, only alcoholics participate.)
- M—Male; F—Female; MX—Male & Female

"It was now time, the struggling groups thought, to place their message and unique experience before the world. This determination bore fruit in the spring of 1939 by the publication of this volume. The membership had then reached about 100 men and women. The fledgling society which had been nameless, now began to be called Alcoholics Anonymous, from the title of its own book. Alcoholics Anonymous, pg. xvii

June Picnic

Sponsored by
Central Services

June 2nd, 2019

Sunday 11 am to 3pm



Annual Picnic

Activities for Everyone

CARNIVAL

FOOD, MUSIC, GAMES & MORE

Let the Games Begin



Come enjoy the fun!

Rocket Park (South Pavilion)

3200 Laclede Station Rd.

Maplewood, MO 63143

AA and Al-Anon Speakers at 1pm

Meat and Drinks Provided

Bring your Favorite Side Dish

CENTRAL SERVICE OFFICE

#14 Sunnen Drive . Suite 144 . Maplewood, MO 63143 . 314-647-3677 . www.aastl.org . email: alano@aastl.org

Birthdays celebrated are **30 Days, 6 Months, and Years** thereafter. Please call birthdays in to the office **after** they have been celebrated. Thank You!



314-647-3677

GROUP #63

Ben E. 2 Years
Lisa H. 4 Years

GROUP #62

Bob W. 33 Years!!!

GROUP #81

Mark W. 3 Years
Tom O. 6 Years

GROUP #98

Phil K. 36 Years!!!

GROUP #121

Matt S. 30 Days
Bobbie E. 1 Year
Dianne S. 1 Year
Alexis L. 2 Years
Greg P. 2 Years
Bill S. 2 Years
Kyle K. 3 Years
John O. 3 Years
David H. 5 Years
Clint 19 Years!
John M.E. 26 Years!!

GROUP #142

Mark S. 19 Years!
Scott B. 22 Years!!

GROUP #144

Diane M. 8 Years
Dottie R. 11 Years!
Linda G. 33 Years!!!

Abby S. 39 Years!!!

GROUP #148

Debi K. 2 Years
Belinda S. 2 Years
Alvina S. 27 Years!!

GROUP #166

Tiffany M. 6 Months
Donna F. 3 Years
Jessica H-S. 12 Years!
Nancy Y. 26 Years!!
Leslie B. 28 Years!!
Judy R. 32 Years!!!

GROUP #234

Allan C. 4 Years
Patty K. 11 Years!
Murphy 15 Years!
Connie S. 19 Years!

GROUP #263

Kim H. 26 Years!!
Norbert H. 27 Years!!
Al S. 31 Years!!!

GROUP #312

Ellen I. 35 Years!!!

GROUP #318

Jake E. 10 Years!

GROUP #344

April M. 2 Years
Mark S. 2 Years
Suzie C. 3 Years
Cheryl O. 3 Years
Cory B. 5 Years
Tom L. 5 Years
Brad M. 5 Years
Jodie C. 6 Years
Clint T. 6 Years
Becca H. 7 Years
Dave V. 7 Years
Andy E. 8 Years
Michelle B. 9 Years
Charlie 10 Years!
Jim D. 10 Years!
John R. 13 Years!
Gary B. 17 Years!
Bob N. 17 Years!
Denise M. 18 Years!
Dennis M. 22 Years!!
Leslie B. 28 Years!!



**FLAG DAY
JUNE 14**

Brian M. 40 Years!!!!
Jack P. 44 Years!!!!

GROUP #358

Heidi G. 12 Years!
Rose D. 19 Years!

GROUP #449

Richard Y. 9 Years
Mark N. 10 Years!
Julie W. 14 Years!
Jimmy M. 18 Years!

GROUP #460

Clarence 10 Years!

GROUP #467

Charlie 30 Years!!!

GROUP #721

Bob P. 34 Years!!!

GROUP #774

Bill J. 11 Years!

GROUP #812

Dianne M. 8 Years
Mark S. 19 Years!
Scott B. 22 Years!!
Ron H. 42 Years!!!!

THINGS WE CANNOT CHANGE



Eleanor B.
Group #297

C.C.
Group #234

Steve F.
Group #721

They will be missed by all who knew them!

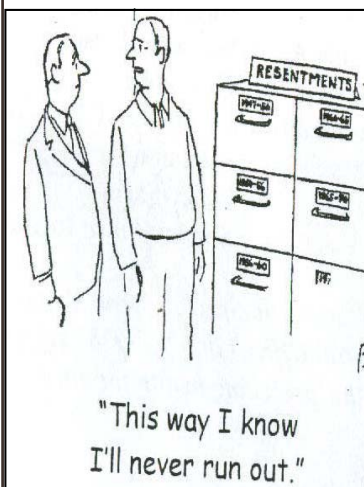
GROUP #4094

Pat B. 9 Years
Ken K. 24 Years!!
Jim S. 32 Years!!!

Thanks for sharing the miracle of your recovery with us!

CANCELED (cont'd)

GROUP #929
Wednesday, 7:00 PM, Joy Baptist Mission, 319 Broadway, Elsberry, 63343



A.A. WORD SCRAMBLE

Words used in A.A. Big Book

1. L P S M E I _ _ _ _ _
2. N S T I O L U O _ _ _ _ _
3. I H F T A _ _ _ _ _
4. E L E N R D S _ _ _ _ _

(Answers on pg. 4)

LIFELINE



YOUR CENTRAL SERVICE OFFICE - 9 YEARS AT THE SUNNEN DRIVE LOCATION

June 2, 2010, was hot and sunny—a perfect moving day! Our Central Service Office was moving to beautiful new offices a few blocks down the road, and the feeling was: “We’re movin’ on up!”

There was for sure a “sentimental attachment” to the old office located between Big Bend Road & Martini Drive, over the car dealership, across from White Castle. However, there were things we would not miss:

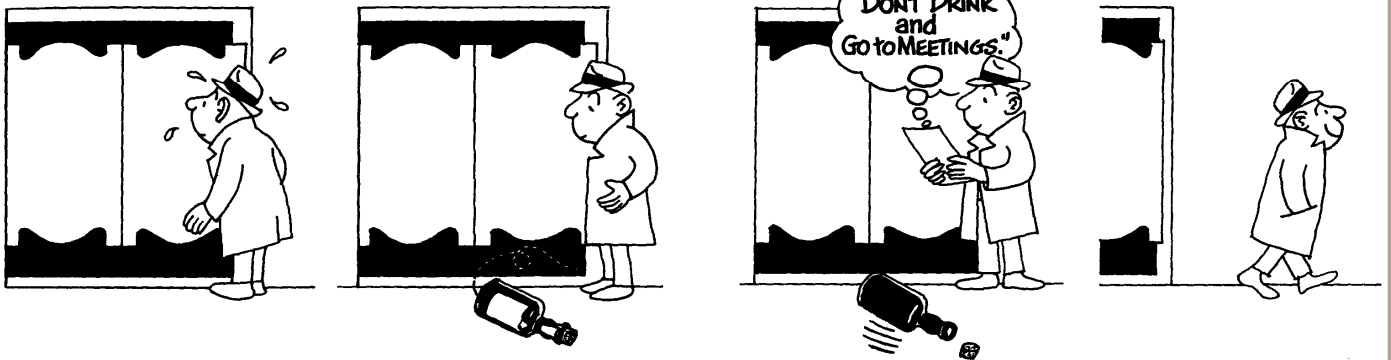
- fumes and noise from busses and trucks coming through open windows (when the AC didn’t work);
- buckets in the hall and storeroom when it rained and damaged merchandise;
- “lots of luck” parking;
- out-of-order rest rooms;
- Kathy K. “running like a rabbit” to get out of the building when there was a fire.

The new location is truly a reflection of A.A. today. We have all enjoyed the serene landscaping, convenient parking, and security. We can only keep “movin’ on up,” thanks to the groups and members who support efforts to “Carry the Message!” Thank you!

KEEPING IT VERY SIMPLE

- If you turn it on, turn it off.
- If you unlock it, lock it up.
- If you break it, admit it.
- If you can’t fix it, call someone who can.
- If you borrow it, return it.
- If you make a mess, clean it up.
- If you move it, put it back.
- If you want to use someone’s property, get permission.
- If you don’t know how to operate it, leave it alone.
- If it’s none of your business, don’t ask questions.
- If it ain’t broke, don’t fix it.
- If it will brighten someone’s day, say it.
- If it will tarnish someone’s reputation, keep it to yourself.

Victor E.



FOUNDERS’ DAY

June 10, 1935

A DECLARATION OF UNITY

This we owe to A.A.’s future:
To place our common welfare first;
To keep our fellowship united;
For on A.A. unity depend our lives;
And the lives of those to come.



Robert H. Smith
(Dr. Bob)



William G. Wilson
(Bill W.)

HAPPY BIRTHDAY—BIG BOOK TURNS 80!

Since 1939—four editions plus the special 75th Anniversary Edition—and still flying off the shelves!

My first experience with the *Big Book of Alcoholics Anonymous* left me wondering: how could anyone know me so well? I saw myself on every one of those 164 pages, and in no doubt as to what I needed to do. Did I do it—go to A.A.? Not at first, not until a trusted counsellor confirmed what I suspected was wrong with me—*Alcoholism!*

As a newcomer, I heard an old-timer speaker share that they tried to read one page of the *Big Book* every day. At page 164, they started over from the Preface—learning something new each time. For once I took good advice, and have accumulated many sober years. My first *Big Book* is dog-eared, highlighted, exclamation marked, written in, underlined, but still in one piece—and so am I!

A Grateful Alcoholic



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APRIL 2019 CONTRIBUTIONS TO CENTRAL SERVICES				
#	AMT	#	GROUP	AMT
3	\$150.00	6	Normandy Group	\$20.00
44	\$71.50	8	New Day	\$400.00
67A	\$250.00	15	Promises Group	\$40.00
109	\$77.00	16	Sunrisers	\$600.00
126	\$35.00	61	Newcomer	\$150.00
166	\$352.00	69	Gratitude Hour	\$350.00
192	\$50.00	84	Dry Noon Group	\$156.94
220	\$129.48	93	The Eagles	\$6.68
239	\$126.00	95	Into Action	\$50.00
318	\$250.69	106	Love and Tolerance	\$85.00
344	\$145.39	112	Fenton Big Book	\$130.81
410	\$72.50	139	Old Priory Group	\$200.00
477	\$304.55	223	Espanol	\$10.00
719	\$131.80	253	The Group	\$150.00
770	\$236.88	263	Honesty Inc.	\$25.00
999	\$98.00	310	St Clair Group	\$38.00
1005	\$50.00	377	Couples in Sobriety	\$175.00
1212	\$100.00	416	Life is Good	\$40.00
		467	Serenity Unlimited	\$250.00
		471	Spiritual Winners	\$63.00
		575	Nick of Time	\$500.00
		669	The Breakfast Club	\$251.70
		673	Veterans Group	\$20.00
		699	Sisters of Sobriety	\$100.00
		722	The Journey	\$133.00
		812	Women in Recovery	\$96.00
		947	One Among Many	\$1.00
		964	Tools of Recovery	\$40.00
		969	Oakhill Group	\$120.00
		1010	I am Responsible	\$195.32
		1018	HOW	\$106.95
		1091	11th Step Meditation	\$41.40
			Lucky Boys	\$250.00
			Grateful	\$50.00
			Birthday	\$20.00
			Individual	\$25.00
			Individual	\$40.00
			Individual	\$400.00
TOTAL - APRIL 2019				\$7,961.59

**"You can help when no one else can."
Thank You!**

UPCOMING EVENTS

See flyers for details.)

EVERY 1st SUNDAY
CHUCKYPAA Waffle Breakfast, 10:30 AM, 212 Club, 204 West Pittman Street, O'Fallon, MO 63366

JUNE 1
Corrections Workshop, 9:30 AM, Southside Church of God, 12145 Tesson Ferry Road, Sappington, 63128

JUNE 2
Sunny 'n Sober, Outdoor Speaker Meeting, 9:00 -11:00 AM, Jefferson Barracks Park (Back Hawk Shelter), North Road and Gregg Road, Lemay, 63125

JUNE 7, 8, 9
44th Annual Men's Float Trip, Bass River Resort, 204 Butts Road, Steelville, MO 65565

JUNE 9
District #52 Founders' Day Picnic, 8:00 AM, Jefferson Barracks Park, Black Hawk Pavilion, 251 Cy Road, Lemay, 63125

JUNE 14
Into Action, 28th Anniversary Pot Luck, 6:00 PM, First Baptist Church of Crestwood, 9116 East Watson Road, Crestwood, 63126

JUNE 22
"Peculiar Mental Twists" Big Book Study, 1:30 PM, Central Service, #14 Sunnen Drive, Maplewood, 63143

JUNE 28, 29, 30
26th Annual Women in Recovery Float & Camp Trip, Riverview Ranch, Bourbon, MO 65441

July 26, 27, 28
69th Annual Missouri State Convention, Capitol Plaza Hotel, 415 W McCarty Street, Jefferson City, MO



"Easy Does It"



No matter how far you have gone on the wrong road, turn back!

Office & Book Store Hours (Closed Most Holidays):
 Monday-Friday: 8:30 AM-5:00 PM
 WEDNESDAY: 8:30 AM-7:00 PM
 Saturday: 9:00 AM-12 Noon
 Deadline for July 2019 Newsletter: 6/18/19
 Next newsletter mailing: 6/25/19
 Next I.R. Meeting: 6/18/19, 7:30 PM, Central Service Office

A.A. WORD UNSCRAMBLE (<i>Words used in A.A. Big Book</i>)	
1.	SIMPLE ("Simple, but not easy; a price had to be paid.") pg. 14
2.	SOLUTION ("The tremendous fact for every one of us is that we have discovered a common solution.") pg. 17
3.	FAITH ("Faith without works is dead.") pg. 88
4.	SLENDER ("They shared their homes, their slender resources, and gladly devoted their spare hours to fellow sufferers.") pg. 159