



CENTRAL SERVICE OFFICE

MAY 2019 NEWSLETTER



MEETING INFO

AA BIRTHDAYS

AA-RELATED ARTICLES

CONTRIBUTIONS

UPCOMING EVENTS

NEW MEETINGS

(See enclosed flyers for details.)

TIMBERS IN ERUEKA

Tuesday, 7:00 PM, MX-O-NS, #1 Coffey Park Lane, Meeting Room #1, Eureka, 63025

NEED SUPPORT

GROUP #225

Sunday, 10:45 AM, MX-C-NS, Care & Counseling, 12141 Ladue Road, Creve Coeur, 63141

GROUP #1065

Saturday, 6:00 PM, MX-O-NS, St. Luke the Evangelist Church, 7230 Dale, Richmond Heights, 63117

CANCELED

GROUP #929

Wednesday, 7:00 PM, Joy Baptist Mission, 3149 Broadway, Elsberry, 63343

MOVING

DISTRICT #2 MONTHLY MEETING

EFFECTIVE JULY 11, 2019

New Location: Harris House, 8315 South Broadway, St. Louis, 63111

Day/Time: 2nd Thursday, 7:00 PM

ADDRESS / TIME CORRECTION

GROUP #1114

Monday, MX-O-NS

Correct Time: 6:00 PM

Correct Address: 807 South Court Street, Bowling Green, 63334

LOCATION / TIME CHANGE

GROUP #112-FENTON BIG BOOK STUDY

New Day / Time: Thursday, 7:00 PM

New Location: St. Thomas Holy Spirit Lutheran Church, 3980 South Lindbergh Blvd., Sunset Hills, 63127

KEY:

C - Closed Meeting (Alcoholics only—i.e., individuals who have a desire to stop drinking.)

O - Open Meeting (Everyone is welcome; however, only alcoholics participate.)

M—Male; F—Female; MX—Male & Female

"And we have ceased fighting anything or anyone—even alcohol. For by this time sanity will have returned. We will seldom be interested in liquor. If tempted, we recoil from it as from a hot flame. We react sanely and normally, and we will find that this has happened automatically."

Alcoholics Anonymous, pgs. 84 & 85

June Picnic

Sponsored by

Central Services

June 2nd, 2019

Sunday 11 am to 3pm



Activities for Everyone



Come enjoy the fun!

Rocket Park (South Pavilion)

3200 Laclede Station Rd.

Maplewood, MO 63143

AA and AI-Anon Speakers at 1pm

Meat and Drinks Provided

Bring your Favorite Side Dish

CENTRAL SERVICE OFFICE

#14 Sunnen Drive • Suite 144 • Maplewood, MO 63143 • 314-647-3677 • www.aastl.org • email: alano@aastl.org

Birthdays celebrated are 30 Days, 6 Months, and Years thereafter. Please call birthdays in to the office after they have been celebrated. Thank You!
314-647-3677



GROUP #5

Keith A. 34 Years!!!

GROUP #53

Pat G. 2 Years
Chris P. 3 Years
Jayne K. 4 Years
Gary G. 8 Years
Tim S. 20 Years!!
Tim B. 29 Years!!

GROUP #81

Mark W. 3 Years
Tom O. 6 Years
Cameron K. 33 Years!!!

GROUP #86

Cathy B. 11 Years!

GROUP #89

Michael K. 2 Years
Chris S. 5 Years
Andy E. 8 Years
Kevin M. 8 Years
Greg C. 11 Years!
Jeff W. 11 Years!
John R. 18 Years!
Ken P. 22 Years!!

GROUP #121

Annie R. 30 Days
Jenny B. 30 Days
Jerry 30 Days
Jim 30 Days
John A. 30 Days
Barb B. 30 Days
Ron P. 30 Days
Brandon S. 30 Days
Jamie 6 Months
Jason 6 Months
Jerry S. 6 Months
Jim 6 Months
John B. 6 Months
Nathan R. 6 Months
Allison B. 1 Year
Caroleena B. 2 Years
Chad C. 2 Years
Janell R. 2 Years
Cornell 3 Years
Kyle K. 3 Years
Ruthann 3 Years
David H. 5 Years
Sean H. 5 Years
Ken P. 5 Years
Michael W. 5 Years
Gloria F. 6 Years
Dennis 7 Years
Ken W. 7 Years
Ron K. 8 Years
Wayne E. 9 Years
Ken K. 20 Years!!
Kelly M. 21 Years!!
Rich H. 29 Years!!
Cal E. 32 Years!!!
John B. 33 Years!!!

GROUP #131

Ginger R. 1 Year
Veronica W. 2 Years
Ginger B. 14 Years!
Mike D. 37 Years!!!

GROUP #142

Ron H. 42 Years!!!!

GROUP #258

Peg W. 18 Years!
Wendy M. 26 Years!!
Sally S. 35 Years!!!

GROUP #297

Rose J. 5 Years
Elliot K. 9 Years
Patti K. 11 Years

GROUP #318

Colin C. 4 Years

GROUP #416

Rene K. 25 Years!!

GROUP #449

Jeff W. 11 Years!
Dave A. 13 Years!
Lisa I. 25 Years!!
Mary Gene D. 34 Years!!!

GROUP #467

CJ S. 1 Year
Billy D. 12 Years!
Tim H. 35 Years!!!

GROUP #471

Marydel C. 42 Years!!!!

GROUP #476

Carol B. 34 Years!!!
Mandy K. 34 Years!!!

GROUP #744

Dave F. 6 Years
Gary G. 7 Years
Fred H. 12 Years!
Catherine B. 19 Years!

THINGS WE CANNOT CHANGE



Alys K.
Group #254

She will be missed by all who knew her!

We honor and thank all of our Veterans for their dedication and service!



Memorial Day
Monday,
May 27

PEACE!

Jim S. 20 Years!!
Cathy M. 21 Years!!
Jim S. 26 Years!!
Tim B. 31 Years!!!
Greg O. 31 Years!!!
Andrea K. 34 Years!!!
Bill H. 38 Years!!!

GROUP #983

Patty K. 25 Years!!

GROUP #4094

Steve H. 8 Years
John J. 14 Years!
Craig F. 23 Years!!
Corey H. 25 Years!!

A.A. WORD SCRAMBLE

Words used in A.A. Big Book

1. Y M I R E S _ _ _ _ _
2. D R R E T C O I _ _ _ _ _
3. N E C U T O N I _ _ _ _ _
4. C A T E V I _ _ _ _ _

(Answers on pg. 4)

Thanks for sharing the miracle of your recovery with us!

LIFELINE

**"RESPONSIBILITY EQUALS OPPORTUNITY**

The word responsibility is a word of many letters. For me, the definition of the word is another word of many letters: opportunities (meaning spiritual opportunities).

When I say I am an alcoholic and a member of AA, I am making a commitment and automatically assuming certain responsibilities to AA as a whole. As a member of AA, I have a responsibility to uphold its principles and structure and to preserve the Traditions and our heritage.

A responsible person is answerable, reliable, and dependable. I feel a responsibility to my home group: to go on Twelfth Step calls, to make sure its doors are always open, to attend its meetings regularly. I am also responsible for sponsoring and helping newcomers develop and grow by guiding them into action. Therefore, it is my responsibility to learn something about the program, so I have something to give away. Being responsible means getting involved, which takes personal sacrifices. My responsibility lies to the old-timers also; they lend a stabilizing influence in their sharing. I must share my gift of faith with others and offer what services I can, depending upon what particular talents I may have.

In this new sober life, I will be presented with responsibilities to the world, as a good citizen. Our Twelfth Step refers to this. I am ready to accept responsibilities outside AA: in my home and to my loved ones, job, church, neighborhood, and associates. I have a moral responsibility to use the Twelve Steps as a tool for recovery and the AA program for moral regeneration. Sober, I can make decisions and take the responsibility for my actions and for any consequences to others.

'Easy Does It' is no excuse for avoiding responsibilities. 'Keep it Simple' does not mean 'Be Ineffective.' 'Let It Begin With Me' speaks for itself.

The results of seizing spiritual opportunities are spiritual experiences."

Alano News, October 2001

I AM RESPONSIBLE ...

When anyone, anywhere, reaches out for help,
I want the hand of A.A. always to be there.

And for that:

I AM RESPONSIBLE**A DECLARATION OF UNITY ...**

This we owe to A.A.'s future

To place our common welfare first;
to keep our fellowship united,
for on A.A. unity depend our lives,
and the lives of those to come.

FROM BILL'S LAST MESSAGE* ...

If I were asked which of the blessings
I felt was most responsible for our
growth as a fellowship and most vital
to our continuity, I would say, the
"Concept of Anonymity."

**Read by Lois at the 1970 Annual New York Intergroup Dinner*

AA PAMPHLET OF THE MONTH:

**A.A.
and the
ARMED
SERVICES**

P-50

BOOK OF THE MONTH:**FORMING TRUE PARTNERSHIPS**

*How AA members use the
program to improve
relationships.*

AA GRAPEVINE

**VICTOR E.**

MARCH 2019 CONTRIBUTIONS TO CENTRAL SERVICES				
#	AMT	#	GROUP	AMT
2	\$112.50	8	New Day	\$400.00
33	\$150.00	15	Promises	\$50.00
38	\$1,000.00	32	Embassy	\$350.00
44	\$28.50	107	Gold Cup	\$50.00
161	\$125.00	120	Sunlight of the Spirit	\$200.00
228	\$50.00	121	Early Ducks	\$631.17
239	\$1,000.00	136	Frisco	\$75.00
258	\$370.50	182	Thank God it's Monday	\$75.00
303	\$100.00	281	Big Book Comes Alive	\$100.00
355	\$20.00	319	Banana Bunch	\$168.30
391	\$169.50	327	Joy of Living	\$16.00
403	\$304.00	350	Expect a miracle	\$242.00
541	\$125.00	418	Joe's Place	\$18.00
814	\$25.00	428	TGIF	\$200.00
		453	Buder Bunch	\$60.00
		456	Gateway to Freedom	\$58.50
		472	As Bill Sees It	\$30.00
		482	Ladies Night	\$260.60
		582	Noon-Timers	\$335.23
		601	Kirkwood Step	\$500.00
		646	Friday Night Newcomer	\$350.00
		669	Breakfast Club	\$202.90
		747	Keep on Trudging	\$48.00
		791	KISS	\$250.00
		914	Big Book Babes	\$75.00
		1014	All About Recovery	\$150.00
		1029	Story Book	\$75.00
		1074	Happy, Joyous, Free	\$447.58
		1097	We Agnostics	\$20.00
		1100	We Ain't Saints	\$150.00
		1406	Endurance in Recovery	\$100.00
			Monday Dbl. Winners	\$81.50
			Memorial	\$50.00
			Memorial	\$150.00
			Individual	\$25.00
			Individual	\$135.41
			Individual	\$400.00
TOTAL - MARCH 2019				\$10,110.19

THANK YOU - your continued donations help "Carry The Message!"

First Quarter Activity	
Calls to Central Service	1,136
Website Meeting Searches	29,980
Phone App Meeting Searches	10,900

Office & Book Store Hours (Closed Most Holidays):

Monday-Friday: 8:30 AM-5:00 PM

WEDNESDAY: 8:30 AM-7:00 PM

Saturday: 9:00 AM-12 Noon

Deadline for June 2019 Newsletter: 5/21/19

Next newsletter mailing: 5/28/19

Next I.R. Meeting: 5/21/19, 7:30 PM, Central Service Office

UPCOMING EVENTS

See flyers for details.)

MAY 4

Fall Classic Trivia Night, 5:00 PM, Crestwood Community Center, 9245 Whitecliff Park Lane, Crestwood, 63126

MAY 5

35th Annual Women's Luncheon, Orlando's, 2050 Dorsett Village Plaza, Maryland Heights, 63146

MAY 19

Spring Fling Picnic, 12:00 Noon, Speaker Meeting 3:30 PM, Pacific Park Back Pavilion, Pacific, 63069

MAY 19

Spring-Fest BBQ Picnic, 12:00 Noon, Lemay Park (Main Shelter), 236 Fannie Avenue-River Des Peres & Lemay Ferry Road, Lemay 63125

MAY 24, 25

Gateway to Recovery, Friday 6:00-9:00 PM, Saturday 8:00 AM-9:00 PM, Church at Affton, 9607 Gravois Road, Affton, 63123

JUNE 2

Sunny 'n Sober, Outdoor Speaker Meeting, Jefferson Barracks Park (Back Hawk Shelter), North Road and Gregg Road, Lemay, 63125

JUNE 7, 8, 9

44th Annual Men's Float Trip, Bass River Resort, 204 Butts Road, Steelville, MO 65565

JUNE 22

"Peculiar Mental Twists" Big Book Study, 1:00 PM, Central Service, #14 Sunnen Drive, Maplewood, 63143

JUNE 28, 29, 30

26th Annual Women in Recovery Float & Camp Trip, Riverview Ranch, Bourbon, MO 65441

July 26, 27, 28

69 Annual Missouri State Convention, Capitol Plaza Hotel, 415 W McCarty Street, Jefferson City, MO

A.A. WORD UNSCRAMBLE (Words used in A.A. Big Book)

1. MISERY ("There is scarcely any form of trouble and misery which has not been overcome among us.") pg. 15
2. DIRECTOR ("God was going to be our Director.") pg. 62
3. CONTINUE ("Continue to watch for selfishness, dishonesty, resentment, and fear.") pg. 84
4. ACTIVE ("Both saw that they must keep spiritually active.") pg. 156

"This is our twelfth suggestion: Carry this message to other alcoholics! You can help when no one else can."

Alcoholics Anonymous, pg. 89