



CENTRAL SERVICE OFFICE

FEBRUARY 2019 NEWSLETTER



MEETING INFO AA BIRTHDAYS AA-RELATED ARTICLES CONTRIBUTIONS UPCOMING EVENTS

NEW MEETINGS

(See enclosed flyers for details.)

DISTRICT #19

Thursday, 6:30 PM, MX-O-NS, St. Joachim and Ann Church, 4116 McClay Road, St. Peter's, 63304

DISTRICT #53

Monday, 10:30 AM, MX-O-NS, Grapevine Meeting, St. Luke's United Methodist Church, 2756 Telegraph Road, Lemay, 63125

GROUP #1113

Wednesday, 6:30 PM, Big Book Study, MX-O-NS, Church of the Nazarene, 145 E. Old Watson Road, Webster Groves, 63119

GROUP #1114

Monday, 6:00 PM, MX-O-NS, The Nazarene Church, 807 South Court Street, Bowling Green, MO, 63334

GROUP #1115

OUR PRIMARY PURPOSE

Saturday, 9:30 AM, MX-O-NS, Encounter Church (bring your own Big Book), 1930 Meyer Drury Drive, Arnold, 63010

CANCELED

GROUP #978

Sunday, 7:00 PM, Central Service Office, #14 Sunnen Drive, Maplewood, 63143

MOVED

GROUP #12

Tuesday, 7:30 PM, MX-O-NS (NO BABYSITTING)

New Location: Church of the Holy Communion, Delmar & Jackson, University City, 63130

GROUP #347

Monday, 7:00 PM, MX-O-NS

New Location: First Unitarian Church, 5007 Waterman Blvd., St. Louis-Central West End, 63108

KEY:

C - Closed Meeting (Alcoholics only—i.e., individuals who have a desire to stop drinking.)

O - Open Meeting (Everyone is welcome; however, only alcoholics participate.)

M—Male; F—Female; MX—Male & Female

"It may seem incredible that these men are to become happy, respected, and useful once more. How can they rise out of such misery, bad repute and hopelessness? The practical answer is that since these things have happened among us, they can happen with you. Should you wish them above all else, and be willing to make use of our experience, we are sure they will come. The age of miracles is still with us. Our own recovery proves that!"

Alcoholics Anonymous, pg. 153

We're gonna pitch a
Wang Dang Doodle

Sunday May 5th 11:00 AM

Tillis Park – Skow Shelter

9551 Litzinger Rd at McKnight

The 25th Annual Men's Steak Lunch
& Fundraiser for our Central Service Office
Great music, great food, great speaker!

Tickets \$25 per person



Mail Order

Name: _____ Make checks payable and mail to:

Address: _____ Central Service

City: _____ 14 Sunnen Drive Suite 144

State: _____ Zip: _____ Phone: _____ Maplewood, MO 63143

of tickets: _____ @ \$25 each Total for tickets \$ _____ Group #: _____

Contribution to Central Services \$ _____ Total enclosed \$ _____

CENTRAL SERVICE OFFICE

#14 Sunnen Drive . Suite 144 . Maplewood, MO 63143 . 314-647-3677 . www.aastl.org . email: alano@aastl.org

Birthdays celebrated are 30 Days, 6 Months and Years thereafter. Please call birthdays in to the office after they have been celebrated. Thank You!
314-647-3677



GROUP #44

Fred Z. 29 Years!!
Bob B. 33 Years!!!

GROUP #98

JT F. 5 Years

GROUP #107

Scott E. 1 Year
Kit 8 Years
Dave K. 12 Years!
Greg S. 30 Years!!!

GROUP #166

Katie N. 6 Months
Shannon O. 5 Years
Ellie C. 19 Years!
Jane Z. 41 Years!!!!

GROUP #220

Isabella 30 Days
Lindsey 30 Days
Sarah 6 Months
Cassie 1 Year
Caroline P. 17 Years!
Margie M. 25 Years!!
Rachel U. 27 Years!!
Rene 29 Years!!
Janet M. 30 Years!!!
Mary D. 39 Years!!!
Annette G. 40 Years!!!!

GROUP #248

Rich (Dick) T. 40 Years!!!!

GROUP #258

Alex C. 12 Years!
Stacy H. 18 Years!
Serina D. 40 Years!!!!

GROUP #357

Darrin 1 Year
Ron T. 2 Years
Jeramiah L. 26 Years!!
Rudy 39 Years!!!

GROUP #449

Andrew H. 2 Years
Liz D. 3 Years
Dayna O. 6 Years
Greg S. 10 Years!
Sherry Mc. 26 Years!!
Lynda M. 28 Years!!
Lonnie W. 34 Years!!!

GROUP #453

Jim J. 35 Years!!!
Irv R. 46 Years!!!!

GROUP #460

Yolanda P. 26 Years!!
Hiawatha D. 32 Years!!!

GROUP #477

Jerry P. 2 Years
Paul K. 7 Years
David S. 8 Years

GROUP #600

Harley V. 30 Days
Mike N. 1 Year
Guy S. 1 Year
Josh M. 2 Years
Gavin P. 3 Years
John W. 4 Years
Christian G. 12 Years!
Ken K. 15 Years!
Chris T. 16 Years!
Lawrence 28 Years!!
Jim M. 29 Years!!
Jim M. 30 Years!!!
Tom W. 35 Years!!!

GROUP #681

Will M. 50 Years!!!!

GROUP #761

Nick M. 28 Years!!

GROUP #774

Jerry P. 41 Years!!!!

GROUP #792

Tracy A. 30 Days
Nadine J. 9 Years
Shayna P. 13 Years!
Rhonda Jeanette 14 Years!

GROUP #965

Harry B. 33 Years!!!

GROUP #983

Doc K. 24 Years!!
Mike B. 32 Years!!!

GROUP #4094

James D. 7 Years
Bob W. 12 Years!
Don L. 25 Years!!

Thanks for sharing the miracle of your recovery with us!



THINGS WE CANNOT CHANGE



Martha M.
Group #250

She will be missed by all who knew her!

Heard at a meeting:

"Let go of what was; accept and enjoy what is; have faith in what will be."

AS SEEN ON THE ALANON

DOOR:



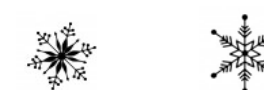
"LET IT GO!"



LET IT GO!



LET IT GO!"



UPCOMING EVENTS (continued from pg. 4)

MARCH 1, 2

Great River Roundup, Pere Marquette Lodge & Conference, Route 100, Grafton, IL, 62037, Phone: 618-786-2331

MAY 5

35th Annual Women's Luncheon, Orlando's, 2050 Dorsett Village Plaza, Maryland Heights, 63146

A.A. WORD SCRAMBLE

Words used in A.A. Big Book

1. A P E H _ _ _ _ _
2. T S V A _ _ _ _ _
3. L F E S U U _ _ _ _ _
4. P D A T P E _ _ _ _ _

(Answers on pg. 4)

LIFELINE



"UNITY"

One of the definitions for fellowship is 'a union of individuals who share similar interests and experiences.' We have all heard the word *fellowship* mentioned in our AA Preamble at the beginning of every meeting. Only rarely does it become a topic for discussion at the AA meeting-the visible sign of any union is unity itself. Unity is so important to AA that it was established as our First Tradition: 'Our common welfare should come first; personal recovery depends on AA unity.'

Within the last few months the issue of the presence of people at AA closed meetings who are addicted to substances other than alcohol has been written about, discussed, and within some groups acted upon according to the group conscience. It started me thinking about some of the basic ideas of AA such as: (1) personal recovery depends on AA unity; (2) the ultimate authority of God as he may express himself through the group conscience; (3) the only requirement for membership is a desire to stop *drinking*; and (4) the inviolate right of the individual AA member to hold whatever opinion he or she truly feels is right and therefore promotes sobriety.

The one concern I have for all this is that unity is so important to our welfare both as individual AA members and as a Fellowship that I hope we in AA can disagree with each other honestly without it becoming divisive enough to weaken the unity of our Fellowship. This can only be done by respecting each other as persons, as fellow alcoholics, and by carrying out our responsibility to each other by being supportive.

AA really requires very little for membership, i.e., a desire to stop drinking. Anyone addicted to other substances and alcohol has no problem at an AA meeting. They merely need to limit their discussions to alcoholism. Some groups through their respective group consciences have correctly

requested abusers to stay out of the discussions and have kindly suggested they attend a more appropriate Twelve Step support group where they will be better understood and more effectively helped.

But – let's not weaken our Fellowship with uncharitable name-calling, or by labeling or judging anyone, but rather let us continue to support each other as brothers and sisters in our common battle with alcoholism. Remember, too, that our public relations policy is based on attraction. Let's continue to show the world our indivisible unity and attractive fellowship. We will then be better able to get on with our primary purpose."

July 1988 issue of *Grapevine*. Reprinted with Permission
January 2002 *Alano News*

NEW PAMPHLETS

*The "God" Word**Agnostic and Atheist
Members in A.A.*

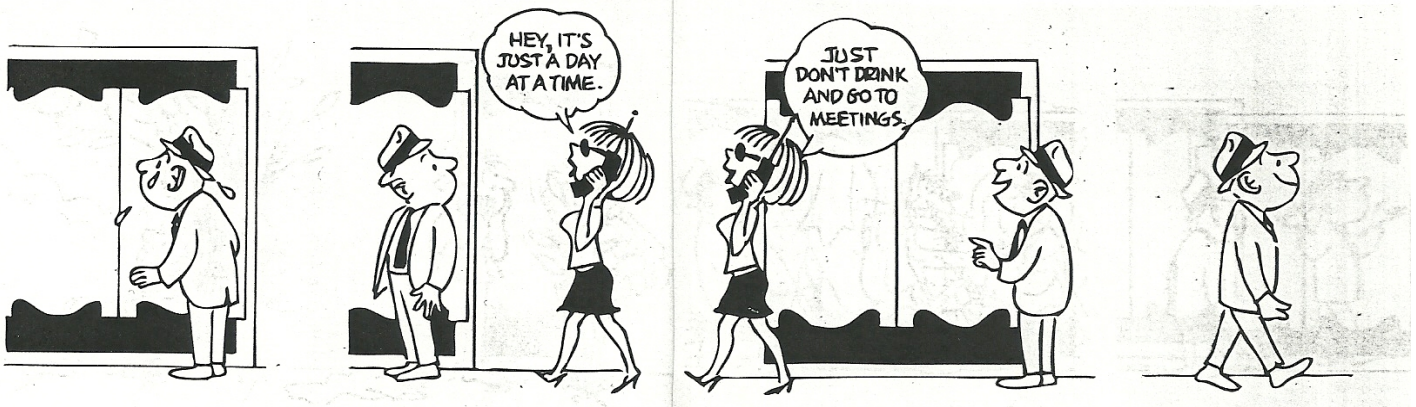
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*A.A. for Alcoholics with
Mental Health Issues*♦ *and their sponsors*

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_ Victor E.

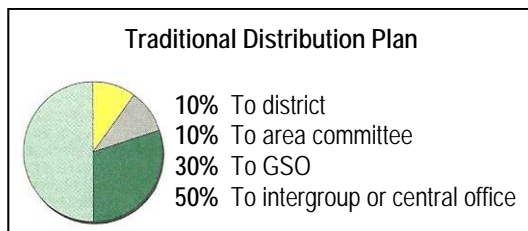


DECEMBER 2018 CONTRIBUTIONS TO CENTRAL SERVICES				
#	AMT	#	GROUP	AMT
11	\$250.00	15	Promises Group	\$30.00
43	\$98.00	19	Open Door to Recovery	\$117.60
44	\$92.00	69	Gratitude Hour	\$700.00
52	\$156.00	84	Dry Noon	\$99.16
67A	\$100.00	89	Shipwreck	\$500.00
138	\$150.00	121	Early Ducks	\$456.92
163	\$134.00	139	Old Priory	\$250.00
358	\$35.50	157	Big Book	\$159.00
376	\$248.90	253	The Group	\$150.00
394	\$326.00	344	There Is A Solution	\$190.02
403	\$278.25	350	Expect a Miracle	\$138.00
688	\$100.00	424	Noon Topic	\$20.00
719	\$110.00	448	Not Saints	\$244.50
945	\$100.00	456	Gateway to Freedom	\$74.10
983	\$100.00	582	Noon-Timers	\$325.13
1005	\$60.00	600	Classic Club	\$62.50
1023	\$150.00	669	Breakfast Club	\$95.77
1091	\$22.50	809	Saturday Sober Sisters	\$20.00
		940	A Newfound Freedom	\$120.00
		961	Primary Purpose Men's	\$250.00
		964	Tools of Recovery	\$30.00
		982	AA on The Rocks	\$50.00
		1020	All The Young Dudes	\$50.00
		1086	Conscious Contact	\$250.00
		1100	We Are Not Saints	\$375.00
		4102	Renegade Group	\$250.00
			Hampton Groups	\$1,000.00
			District #17	\$500.00
			No # Given	\$40.00
			Birthday	\$41.00
			Birthday	\$50.00
			Memorial	\$25.00
			Individual	\$25.00
			Individual	\$53.25
			Individual	\$100.00
			Individual	\$100.00
			Individual	\$380.00
TOTAL - DECEMBER 2018				\$9,833.10

THANK YOU FOR CARRYING THE MESSAGE!!

"...We, who have been through the wringer, have to admit that if we substituted alcoholism for jay-walking, the illustration would fit us exactly. However intelligent we may have been in other respects, where alcohol has been involved, we have been strangely insane. It's strong language—but isn't it true?"

Alcoholics Anonymous, pg. 38



-OR-

Customize your contribution according to your Group Conscience.

UPCOMING EVENTS

(See flyers for details.)

FEBRUARY 3

The Fall Classic Annual Superbowl Chili Cook-off, 3:00 PM, Crestwood Community Center, 9245 Whitecliff Park Lane, Crestwood, 63126

FEBRUARY 9

North County Intergroup 37th Annual Mixer and Dinner/Dance, 5:45 PM, 315 Howdershell Road, Florissant, 63031

FEBRUARY 9

Coffee and Canvas Paint Party—Sponsored by Central Service Office, 12:30—3:00 PM, 28 The Blvd., Brentwood, 63117, Cost: \$35, Questions call CSO 314-647-3677

FEBRUARY 16

Spring Fling Convention—Comedy Night & Pot Luck, 6:00 PM, St. Vincent's Church, 1408 S. 10th Street, St. Louis, 63104

FEBRUARY 16

District #53 Annual Pancake Breakfast, 9:00 AM, St. Luke's UMC Gym, 2761 Telegraph Road, Lemay, 63125

FEBRUARY 23

"The Big Book Changes Me!" 9:00 AM-1:00 PM, Faith Lutheran "The Hangar," 6101 Telegraph Road, Oakville, 63129

FEBRUARY 24

Group #132 46th Annual Pot Luck, 6:00 PM, Sts. Joachim and Ann Care Service, 4116 McClay Road, St. Charles, 63304

FEBRUARY 26

Group #132 46th Annual Pot Luck, AA & Al-Anon Speakers, 6:00 PM, St. Joachim & Ann Care Service, 4116 McClay Road, St. Charles, 63304

FEBRUARY 26

"Step Series," 12:00 PM, Central Service Office, #14 Sunnen Drive, Maplewood, 63143

FEBRUARY 27, MARCH 27, APRIL 24

"A.A. Concepts For Dummies," 7:00 PM, Hampton Facility, 6001 Marquette, St. Louis South City, 63139

(continued pg. 2)

A.A. WORD UNSCRAMBLE *(Words used in A.A. Big Book)*

1. **HEAP** ("...suddenly taken from the scrap heap to a level of life better than the best he had ever known") pg. 11
2. **VAST** ("There is, however, a vast amount of fun about it all.") pg. 16
3. **USEFUL** ("He too, has become a respected and useful member of his community.") pg. 158
4. **TAPPED** ("You forget that you have just now tapped a source of power much greater than yourself.") pg. 163

Office & Book Store Hours *(Closed Most Holidays):*

Monday-Friday: 8:30 AM-5:00 PM

WEDNESDAY: 8:30 AM-7:00 PM

Saturday: 9:00 AM-12 Noon

Deadline for March 2019 Newsletter: 2/19/19

Next newsletter mailing: 2/26/19

Next I.R. Meeting: 2/19/19, 7:30 PM, Central Service Office