



CENTRAL SERVICE OFFICE

JANUARY 2019 NEWSLETTER



MEETING INFO AA BIRTHDAYS AA-RELATED ARTICLES CONTRIBUTIONS UPCOMING EVENTS

NEW MEETINGS

(See enclosed flyers for details.)

GROUP #1105

Monday, 6:30 PM, MX-O-NS, New Hope United Methodist Church, 3921 Jeffco Blvd., Arnold, 63010

GROUP #1113

Big Book Study, Wednesday, 6:30 PM, MX-O-NS, Church of the Nazarene, 145 E. Old Watson Road, Webster Groves, 63119

GROUP #1114

Monday, 6:00 PM, MX-O-NS, The Nazarene Church, 807 South Court Street, Bowling Green, MO, 63334

GROUP #1115

OUR PRIMARY PURPOSE

Saturday, 9:30 AM, MX-O-NS, Encounter Church (*bring your own Bog Book*), 1930 Meyer Drury Drive, Arnold, 63010

DISTRICT #19

Thursday, 6:30 PM, MX-O-NS, St. Joachim and Ann Church, 4116 McClay Road, St. Peter's, 63304

CANCELED

GROUP #978

Sunday, 7:00 PM, Central Service Office, #14 Sunnen Drive, Maplewood, 63143

MOVED

GROUP #12

Tuesday, 7:30 PM, MX-O-NS (NO BABYSITTING)

New Location: Church of the Holy Communion, Delmar & Jackson, University City, 63130

GROUP #347

Monday, 7:00 PM, MX-O-NS

New Location: First Unitarian Church, 5007 Waterman Blvd., St. Louis-Central West End, 63108

KEY:

C - Closed Meeting (Alcoholics only—i.e., individuals who have a desire to stop drinking.)

O - Open Meeting (Everyone is welcome; however, only alcoholics participate.)

M—Male; F—Female; MX—Male & Female

"The tremendous fact for every one of us is that we have discovered a common solution. We have a way out on which we can absolutely agree, and upon which we can join in brotherly and harmonious action. This is the great news this book carries to those who suffer from alcoholism."

Alcoholics Anonymous, pg. 17

CENTRAL SERVICE OFFICE

ALANO

*The Annual Winter Gathering of
Your Central Service Office
With the AA and Al-anon Community*

Saturday, January 26, 2019

The Heights

8001 Dale

Richmond Heights, MO 63117

Dinner: 6:00 PM

Meat and Drinks will be provided.

Please bring a side dish.



**Open AA and Al-anon Meeting:
7:00 PM**

LOTS OF BASKETS!

AA & Al-anon Books, Jewelry & Gifts for Sale

CENTRAL SERVICE OFFICE

#14 Sunnen Drive . Suite 144 . Maplewood, MO 63143 . 314-647-3677 . www.aastl.org . email: alano@aastl.org

Birthdays celebrated are 30 Days, 6 Months and Years thereafter. Please call birthdays in to the office after they have been celebrated. Thank You!
314-647-3677



GROUP #5

Dan M. 5 Years
Mike K. 6 Years

GROUP #44

Joe B. 6 Years
Sarah S. 29 Years!!
Chris M. 33 Years!!!

GROUP #53

Cynthia B. 6 Years
Mark C. 31 Years!!!

GROUP #98

Ken S. 6 Years

GROUP #107

Suzie D. 21 Years!!
Kirby 22 Years!!
Pat S. 32 Years!!!
Bernie H. 39Years!!!
George G. 42 Years!!!!

GROUP #166

Caitlin L. 6 Years
Barb S. 6 Years
Sharron S. 6 Years
Lindsey G. 11 Years!
Dana S. 38 Years!!!

GROUP #234

Art D. 6 Months

Brian D. 4 Years
Michael D. 23 Years!!

GROUP #248

Bill E. 30 Years!!!

GROUP #254

Kate S. 19 Years!
Peggy K. 32 Years!!!
Judy B. 33 Years!!!

GROUP #344

Colleen M. 2 Years
Todd M. 2 Years
Joe W. 2 Years
Darren N. 4 Years
Mary Q. 4 Years
Tim P. 5 Years
Mike F. 6 Years
Sarah H. 6 Years
Steve M. 7 Years
Rob S. 7 Years
Vince Z. 8 Years
Melodie M. 9 Years
Jill A. 11 Years!
Lori S. 17 Years!
Damien F. 22 Years!!
Bob C. 30 Years!!!
Greg J. 32 Years!!!
Mary Ann M. 43 Years!!!!

GROUP #460

Robert C. 10 Years!
Wanda B. 15 Years!
Tina H. 16 Years!
Sheila J. 16 Years!
Charles L. 19 Years!
Ernest D. 23 Years!!
Kay K. 27 Years!!

GROUP #467

Jack M. 6 Years
Richard S. 10 Years!

GROUP #477

Gary S. 10 Years!
Mike V. 15 Years!

GROUP #512

Dave S. 4 Years

OUR WISHES FOR 2019 AND ALWAYS!

*Freedom
Happiness
Acceptance
Serenity
Peace
Helpfulness
Purpose
Self Esteem
Unselfishness
Humility
Contentment
Confidence
Prudence
FAITH!!*

Kris C. 15 Years
John B. 30 Years!!!
Rex D. 30 Years!!!
Ron P. 31 Years!!!

GROUP #774

Dave W. 9 Years
April B. 29 Years!!

GROUP #792

Lori C. 3 Years

GROUP #983

Ann P. 19 Years!
Laura A. 38 Years!!!

Thanks for sharing the miracle of your recovery with us!



"We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called *Opportunity* and its first chapter is "New Year's Day."

Edith Lovejoy Pierce

A.A. WORD SCRAMBLE

Words used in A.A. Big Book

1. S F E R O C _ _ _ _ _
2. T E W S A _ _ _ _ _
3. D R E L I D _ _ _ _ _
4. T S P E P G I N _ _ _ _ _

(Answers on pg. 4)

If your group is hesitating to make contributions to one of the A.A. entities (i.e., *Central Service Office, GSO, Eastern Area, Your District*) because you think it's too small to bother with, just remember how the smallest, individual snowflakes can be lumped together to make a beautiful snowman!



Easy Does It!



Slide & Glide!

ABOUT NEW YEAR'S RESOLUTIONS...

"If nothing changes, nothing changes."

AA Slogan

LIFELINE



"The age of miracles is still with us. Our own recovery proves that!"

The above sentence from "A Vision for You" certainly rang true at the 78th Annual Alano Banquet (*the oldest continuous AA banquet in the world*). Over 600 men and women assembled to "celebrate sobriety," enjoy fellowship, wonderful food, an inspiring story (with a brogue), and dancing. The sobriety countdown began at 60 years and finished with 1 day. Two 1-day counters were given Big Books and CDs.

AA members and their guests represented all walks of life, diverse races and locations. Our individuality was evident in the choice of attire—formal gowns, suits and ties, business casual, distressed jeans, pajama suit. Our book states that we are people who normally would not mix, yet all were enjoying being together for the occasion. Most of us probably wondered during the evening what our lives would be like without the program of Alcoholics Anonymous—surely we would not be on "the road of Happy Destiny."

A big thank you to all the behind-the-scenes people who made this event possible. Hope to see you at the 79th Annual Alano Banquet!

"THE VINE LINE"

Q: How many first edition Big Books were published, how much did they sell for, how much is one worth today, and does the General Service Office have any copies?

A: There were 4,700 first edition Big Books published with the first printing in April 1939; they sold for \$2.50 to AAs and \$3.50 to 'outsiders.' How much one is worth today has a lot to do with the condition the book is in (whether the dust jacket is intact, whether or not it is autographed, etc.), though according to *Publisher's Weekly* it is the most sought after book in the country. The GSO Archives has four copies of the first edition, first printing of the Big Book."

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THOUGHTS FOR THE NEW YEAR

"People are often unreasonable, irrational, and self-centered. *Forgive them anyway.*

If you are kind, people may accuse you of selfish, ulterior motives. *Be kind anyway.*

If you are successful, you will win some unfaithful friends and some genuine enemies. *Succeed anyway.*

If you are honest and sincere, people may deceive you. *Be honest and sincere anyway.*

What you spend years creating, others could destroy overnight. *Create anyway.*

If you find serenity and happiness, some may be jealous. *Be happy anyway.*

The good you do today will often be forgotten.

Do good anyway.

Give the best you have, and it will never be enough.

Give your best anyway.

In the final analysis, it is between you and God. It was NEVER between you and them anyway."

Saint Mother Teresa—Nobel Peace Prize Winner 1979



BOOK OF THE MONTH:

BEGINNERS' BOOK

Getting and Staying Sober in AA

PAMPHLET
OF THE MONTH:

It Sure Beats
Sitting in a Cell



Victor E.



NOVEMBER 2018 CONTRIBUTIONS TO CENTRAL SERVICES				
#	AMT	#	GROUP	AMT
47	\$50.00	6	Normandy	\$175.00
117	\$144.00	8	New Day	\$300.00
212	\$125.00	15	Promises	\$30.00
220	\$228.00	16	Sunrisers	\$400.00
239	\$88.00	32	Embassy Group	\$350.00
300	\$200.00	53	Cuckoos Nest	\$108.00
357	\$100.00	84	Dry Noon Group	\$97.22
391	\$233.95	107	Gold Cup	\$50.00
500	\$75.00	178	Carry the Message	\$58.00
541	\$150.00	344	There is a Solution	\$165.60
968	\$109.00	424	Noon topic	\$15.00
971	\$312.00	453	Buder Bunch	\$60.00
1005	\$79.50	467	Serenity Unlimited	\$250.00
		502	Tuesday Night Newcomer	\$25.00
		505	Men's Feelings	\$45.00
		575	Nick of Time	\$250.00
		669	Breakfast Club	\$88.05
		673	Veterans Group	\$25.00
		699	Sisters of Sobriety	\$100.00
		787	By The Book	\$180.00
		789	SOS Eureka	\$33.00
		1027	Bottoms Up	\$247.00
		1105	Essentials of Recovery	\$50.00
		1110	Friday Night	\$40.00
		1114	South court Street Group	\$50.00
			Some Are Sicker Than	\$125.00
			Expressions of Gratitude	\$100.00
			IR Meeting	\$38.00
			Individual	\$23.00
			Individual	\$25.00
			Individual	\$25.00
			Individual	\$50.00
			Individual	\$380.00
TOTAL - NOVEMBER 2018				\$5,852.32

Your generous donations help "Carry the Message"

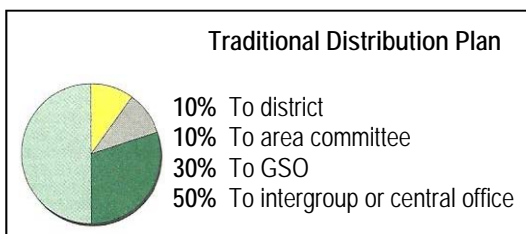
Thank You!

Each day, somewhere in the world, recovery begins when one alcoholic talks with another alcoholic, sharing experience, strength and hope.

Big Book, pg. xxii

H. A. L. T.

HUNGRY - ANGRY - LONELY - TIRED



-OR-

Customize your contribution according to your Group Conscience.

UPCOMING EVENTS

(See flyers for details.)

JANUARY 1

Triangle of Time, 3:00-5:00 PM, Central Service Office, #14 Sunnen Drive, Maplewood, 63143

JANUARY 1, JANUARY 8, FEBRUARY 26

"Step Series," 12:00 PM, Central Service Office, #14 Sunnen Drive, Maplewood, 63143

JANUARY 30, FEBRUARY 27, MARCH 27, APRIL 24

"A.A. Concepts For Dummies," 7:00 PM, Hampton Facility, 6001 Marquette, St. Louis South City, 63139

FEBRUARY 9

Coffee and Canvas Paint Party—Sponsored by Central Service Office, 12:30—3:00 PM, 28 The Blvd., Brentwood, 63117, Cost: \$35, Questions call CSO 314-647-3677

FEBRUARY 9

North County Office February Party, For Info Call 314-731-4854 or Check Website: northcountyintergroup.squarespace.com

FEBRUARY 16

Spring Fling Convention—Comedy Night & Pot Luck, 6:00 PM, St. Vincent's Church, 1408 S. 10th Street, St. Louis, 63104

MAY 5

35th Annual Women's Luncheon, Orlando's, 2050 Dorsett Village Plaza, Maryland Heights, 63146

CAN'T FALL ASLEEP?

Try counting your blessings alphabetically—starting with "AA" and ending with "ZZZZZZZZZ"!



A.A. WORD UNSCRAMBLE *(Words used in A.A. Big Book)*

- FORCES** ("Then, gathering all his forces, he attempted to stop altogether and found he could not.") pg. 32
- WASTE** ("When we decide who is to hear our story, we waste no time.") pg. 75
- RIDDLE** ("If God can solve the age-old riddle of alcoholism, He can solve your problems too.") pg. 116
- STEPPING** ("Stepping into his car, he made the rounds of people he had hurt.") pg. 156

Office & Book Store Hours *(Closed Most Holidays):*

Monday-Friday: 8:30 AM-5:00 PM
 WEDNESDAY: 8:30 AM-7:00 PM
 Saturday: 9:00 AM-12 Noon

Deadline for February 2019 Newsletter: 1/15/19

Next newsletter mailing: 1/22/19

Next I.R. Meeting: 1/15/19, 7:30 PM, Central Service Office

OFFICE CLOSED: New Year's Day