



CENTRAL SERVICE OFFICE

AUGUST 2018 NEWSLETTER



MEETING INFO

AA BIRTHDAYS

AA-RELATED ARTICLES

CONTRIBUTIONS

UPCOMING EVENTS

NEW MEETINGS

(See enclosed flyers for details.)

DISTRICT 17

Essentials of Recovery, Monday, 6:30 PM, MX-O-NS, New Hope United Methodist, 3921 Jeffco Blvd., Arnold, 63010

GROUP #1103

Thursday, **TIME CORRECTION:** 6:00 PM, F-C-NS, St. Charles Presbyterian Church, 131 Gamble Street, St. Charles, 63301

GROUP #1107

S.O.S. (Steps of Sobriety) Tuesday, 10:00 AM, F-C-NS, Ivy Chapel, 620 N. Woods Mill Road, Chesterfield, 63017

NEEDS SUPPORT

GROUP #5

Oldest group in St. Charles (75 years) - Thursday, 7:00 PM, MX-C-NS, Frieden's Church, 1703 S, Old Hwy 94 (94 & Zumbuhl Road), St. Charles, 63303 (Wheelchair Access)

GROUP #254

Thursday, 7:00 PM, F-C-NS, St. Lucas Church, 11735 Denny Road, Crestwood, 63126

MOVED

GROUP #456

Thursday, 6:30 PM, MX-O-NS (Formerly Vianney)
New Location: Sacred Heart Catholic Church, 17 Ann Avenue, Valley Park, 63088

GROUP #600

"Classic Club," Monday, 7:00 PM, M-C-NS,
New Location: Webster Hills UMC, Christian Life Center Room, 698 W. Lockwood Avenue, Webster Groves, 63119

GROUP #646

Friday, 7:30 PM, MX-O-NS
New Location: First Unity Church of St. Louis, 4753 Butler Hill Road, St. Louis, 63128

KEY:

- C - Closed Meeting (Alcoholics only—i.e., individuals who have a desire to stop drinking.)
- O - Open Meeting (Everyone is welcome; however, only alcoholics participate.)
- M—Male; F—Female; MX—Male & Female

"We neither ran nor fought. But accept we did. And then we were free."

*The Language of the Heart, pg. 271
© 1988 by A.A. Grapevine*

"The door opened and he stood there, fresh-skinned and glowing. There was something about his eyes. He was inexplicably different. What had happened?"

Alcoholics Anonymous, pg. 9

CELEBRATE

YOUR SOBRIETY AT THE
THE OLDEST CONTINUOUS AA BANQUET IN THE WORLD

78TH ANNUAL

CENTRAL OFFICE

ALANO BANQUET

Orlando Event Center
2050 Dorsett Village, Maryland Heights MO

Featuring
Mari G. of Toronto ON

Saturday, November 17, 2018

◆6:00 pm Social Hour ◆7:00 pm Buffet Dinner◆
◆9:30 pm ALANO Ball◆

Tickets are \$35 each (10 chairs per table)
To sit together—Submit together!

Scholarships available for those newly sober / first time attendees

COMPLIMENTARY PARKING

TICKETS ON SALE NOW!

CENTRAL SERVICE OFFICE

#14 Sunnen Drive . Suite 144 . Maplewood, MO 63143 . 314-647-3677 . www.aastl.org . email: alano@aastl.org

Birthdays celebrated are **30 Days, 6 Months and Years thereafter.** Please call birthdays in to the office **after** they have been celebrated. Thank You!
314.647.3677



GROUP #44

Scott H 11 Year!
John O 47 Years!!!!

GROUP #107

Sam H 6 mo
Dorine 7 Years
Pat B. 7 Years
Tammy 12 Years!
Kent 16 Years!
Tom D 17 Years!
SOS 18 Years!
Lynn 30 Years !!!
Julie F 31 Years!!!
Jane K 33 Years!!!

GROUP #142

Jim F. 26 Years!!

GROUP #318

Andy R. 4 Years
Jan T. 5 Years
Tom O. 30 Years!!!
Tom W. 35 Years!!!

GROUP #234

Art D. 30 Days
Jamey M. 1 Year
Donna N. 2 Years
Rich H. 28 Years!!
Debbie T. 39 Years!!!

GROUP #356

Brett B. 30 Days
Ron H. 12 Years!
JP P. 12 Years!
John B. 20 Years!!

George D. 32 Years!!!

GROUP #414

Bob S. 37 Years!!!

GROUP #416

Susan G. 6 Months
Chloe G. 2 Years

GROUP #477

Tom B. 7 Years
Jeff R. 11 Years!
Dennis D. 34 Years!!!

GROUP #449

Don H 3 Years
Mark W 6 Years
Bob A 18 Years!
Bob S 19 Years!
Ron D 23 Years!!
Steve W 23 Years!!
Mike D 25 Years!!

GROUP #495

Ronnie L. 29 Years!!

GROUP #669

Donna L. 1 Year
Patrick P. 1 Year
Walter M. 6 Years
Denis S. 6 Years

GROUP #774

John D 1Year
Lenora S 1 Year
Estervan T 31 Years!!!

GROUP #789

Vernie S 40 Years!!!!

GROUP #792

Laura N 30 Days
Suzie G 29 Years!!

GROUP #812

Sharon K. 31 Years!!!

GROUP #4094

Billie C. 27 Years!!



Tell me about your childhood—up until now!

THINGS WE CANNOT CHANGE



Keith T.
Stanley C

They will be missed by all who knew them!

DID YOU KNOW?...

by Linda B.

The word "amethyst" derives from the Greek word "methustos," which translates roughly to intoxicated. In ancient Greece, it was believed that if you wore an amethyst it would protect you from getting drunk.

Stop by the Central Service Office bookstore and get some faux "amethyst" jewelry!!!

TO ALL GROUPS

Your Central Service Office enjoys bringing you this monthly newsletter. Please let us know if you have any helpful ideas or something of interest to share with fellow alcoholics. While there is no guarantee we will be able to use your contribution, suggestions are always welcome. Thank you!

Phone: 314.647.3677
e-mail: alano@aastl.org

ALSO

Please contact ... the Central Service Office, if there are changes to or cancelation of an existing meeting. If group information is not current, it can make a difference in someone's life. Please participate in this vital 12 STEP opportunity. Review your meeting information and keep the Central Service Office informed. Thank you!



"It keeps meetings to an hour and wakes the sleepers for the Lord's Prayer."

Reprinted with permission AA Grapevine, Inc.

A.A. WORD SCRAMBLE

Words used in A.A. Big Book

1. CERSTRPEE _____
2. EWYAR _____
3. SAYLSMU _____
4. NEBDRE _____

(Answers on pg. 4)

Blanche K.:



First Archivist of the Eastern Area

The notice on the door of the Eastern Area Archives office has a quote from Carl Sandburg that reads "When a society or civilization perishes, there is always one condition present; they forgot where they came from." The Eastern Area Archives Committee strongly believes in remembering where we came from, and our mission is to maintain an up-to-date record of the history of A.A. in the Eastern Area of Missouri. We can fulfill this mission because of the dedication and persistence of Blanche K., the first Eastern Area Archivist. Blanche worked diligently to create and maintain the Eastern Area Archives, and we are grateful for her hard work.

Blanche K., an A.A. member in Eastern Missouri, corresponded for several years with Nell Wing, the first Archivist at GSO in New York, about how to create and organize an Archives. Over several years, Blanche collected many documents and materials and initially stored all of it in her home. On **October 20, 1974**, the Area Assembly appointed Blanche K. to be the first Eastern Area Archivist. The Archivist would keep the records of the Eastern Missouri Conference in a permanent Archives and continue to compile a history of A.A. in Missouri.

Once she had the official title, her work began in earnest. At the Area Assemblies, she asked for any information about earlier A.A. groups in the state, including group records or documents that had information about early state conventions, other events, and activities. She told the Assemblies that any information about early groups was welcome and most helpful.

In these early years (**1974–1979**), Blanche began a quest to compile as many Group Histories as possible. At each Area Assembly, Blanche asked that all GSRs send her Group Histories that included information such as the date founded, how many were at the first meeting, name of group, number of members, format, days and times, and location. These Group Histories would be housed in the Archives. Eventually, a Group History form was developed and distributed to the Districts and the GSRs. Groups were slow at first in turning in histories, but Blanche was not discouraged—she promised at every Area Assembly to ask, plead, and nag until all GSRs got their Group Histories to the Archives.

Blanche also asked groups to record Oldtimers' (sober 20 years or more) stories on audiotape for the Archives and asked if the Oldtimers could contribute any written items they might have about the early days of A.A. in Eastern Missouri.

In **1980**, the first Archives Guidelines were published by GSO, which made clear that an Archives should not be located in a person's home. The Eastern Area Archives, however, was still based in Blanche's home. A permanent location for the Archives was needed. On **June 10, 1985**, the new Archives office opened in Room 3 at the Central Service office location on Big Bend Boulevard in Maplewood.

An Archives Committee was formed in **1985** to work with the Archivist to establish policies and procedures and handle any problems that may arise from time to time. The committee created the Traveling Archives, including a Father Ed Dowling display, and published a written history of A.A. in Eastern Missouri, *Golden Moments of Reflection: A History of Alcoholics Anonymous in Eastern Missouri*, in **1986**.

The next years (**1987–1992**) were years of growth in the Archives. The Archives collection added early editions of A.A. literature; foreign language translations of the Big Book; scrapbooks of news clips concerning A.A. and alcoholism in the 1940s; tapes for the Archives library, including tapes of Oldtimers, conventions, special meetings, and conferences; and photographs of landmarks significant to A.A. history. Blanche continued to ask for Group Histories and Oldtimers' stories. She never tired of seeking as much information about Groups and their histories as possible.

On Monday, **June 7, 1993**, Blanche K. died. She had been sober over 25 years. In the minutes of the June 26, 1993, Area Assembly, it was noted that "Blanche will be missed by all and remembered by even those that follow us. We owe our tremendous collection of A.A. history, both Eastern Area and GSO, primarily to Blanche K. She truly 'passed it on' and left an impact on our area. No one can replace Blanche; however, someone will be found to fill the position of Archivist.... "

Today, 25 years after Blanche passed away, we still recognize the impact that Blanche had on the Eastern Area Archives. Blanche was steadfast in her dedication to the Archives, and we are amazed at her tenacity and drive, especially to continue asking for Group Histories and recordings of Oldtimers. She never wavered in her enthusiasm for the history of A.A. in Area 38. She understood that we need a sense of our past, and we celebrate the passion that she had for the Eastern Area Archives. We remember her with gratitude.

Eastern Area Archives Committee

Eastern Area of Missouri
Office & Archives Hours:

Wednesday & Saturday: 12:00 Noon—5:00 PM
314.644.1130 — eamo.org

JUNE 2018 CONTRIBUTIONS TO CENTRAL SERVICES				
#	AMT	#	GROUP	AMT
28	\$52.50	8	New Day	\$300.00
33	\$150.00	15	Promises Group	\$25.00
43	\$46.00	32	Embassy Group	\$350.00
44	\$58.00	53	Cuckoos Nest	\$80.00
109	\$95.50	84	Dry Noon Group	\$92.05
161	\$43.00	121	Early Ducks	\$1,258.56
228	\$40.00	150	Live & Let Live	\$60.00
239	\$125.00	225	Dime Store	\$100.00
358	\$50.00	344	There is a Solution	\$204.05
414	\$45.00	424	Noon Topic	\$10.00
416	\$50.00	448	Not Saints	\$427.47
493	\$220.00	450	One Day at a Time	\$50.00
500	\$300.00	453	Buder Bunch	\$60.00
688	\$120.25	577	As Bill Sees It	\$45.00
719	\$60.00	601	Kirkwood Step	\$500.00
746	\$300.00	669	The Breakfast Club	\$205.99
1045	\$41.50	673	Veterans Group	\$25.00
1097	\$85.53	782	Train Wreck	\$63.60
		940	A Newfound Freedom	\$250.00
		944	The Little Meeting	\$100.00
			IR Meeting	\$37.00
			Birthday	\$29.00
			Birthday	\$35.00
			Memorial	\$100.00
			Memorial	\$128.00
			Individual	\$7.75
			Individual	\$20.00
			Individual	\$25.00
			Individual	\$25.00
			Individual	\$50.00
			Individual	\$380.00
			Individual	\$500.00
TOTAL - JUNE 2018				\$7,425.75

THANK YOU FOR YOUR SUPPORT!

UPCOMING EVENTS

(See flyers for details.)

AUGUST 3, 4, 5
68th Annual Missouri State Convention, Capital Plaza Hotel, 415 W. McCarty Street, Jefferson City, MO 65101,

AUGUST 6
Social Committee Meetings, Monday, 7:30 PM, Central Service Office, #14 Sunnen Dr.

AUGUST 18
AA On The Rocks-Summer Sizzler VI, Potluck 5:00 PM, Speakers 7:00 PM, The Word At Shaw, 4265 Shaw Blvd.

AUGUST 25
Central Service's Bowling, 6:00-9:00PM, Epiphany Lanes 3164 Ivanhoe 63139 \$10 suggested, bring a dessert to share

AUGUST 26
Summer-Fest BBQ Picnic & Potluck, 12 Noon, Lemay Park, 236 Fannie Avenue, Lemay, 63125

AUGUST 31, SEPTEMBER 1, 2
Fall Classic, Airport Hilton, 10330 Natural Bridge Road,

SEPTEMBER 8
Friends of Bill W. Golf Outing, Fundraiser for North County Office, Sign-in 7:00 AM, Start 8:00 AM, Golf Club of Florissant,

SEPTEMBER 30
South Hampton Facility 40th Anniversary Picnic, 11:00 AM-3:00 PM, Tower Grove Park, Stone Shelter, St. Louis, 63110

SEPTEMBER 9
Sunny 'n Sober, Outdoor Speaker Meeting, 9:00 AM-11:30 AM, Sylvan Springs Park (Artillery Shelter)

NOVEMBER 4
21st Illinois Missouri Men's AA Breakfast, 9:00 AM, Gateway Center, 1 Gateway Drive, Collinsville, IL 62234

The Sober Camel

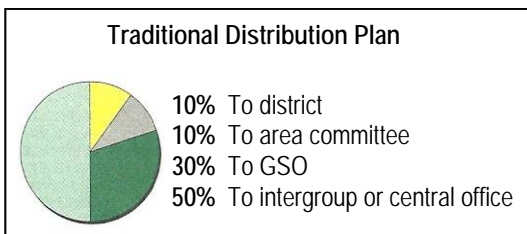
Dr. Bob "...would explain prayer by telling how the camels in a caravan would kneel down in the evening, and the men would unload their burdens. In the morning, they would kneel down again, and the men would put the burdens back on. It's the same with prayer, Dr. Bob said:

'We get on our knees to unload at night. And in the morning when we get on our knees again, God gives us just the load we are able to carry for that day.'

Dr. Bob and Good Oldtimers , pg. 229

A.A. WORD UNSCRAMBLE *(Words used in A.A. Big Book)*

1. **RESPECTER** ("Alcohol being no respecter of persons, we are n cross section of America, and in distant lands...") pg. xx
2. **WEARY** ("My weary and despairing wife was informed that it would all end with heart failure during delirium tremens...") pg. 7
3. **ASYLUMS** ("Since this book was first published, A.A. has released thousands of alcoholics from asylums and hospitals of every kind.") pg. 114
4. **BENDER** ("...just as he thought he was getting control of his liquor situation, he went on a roaring bender.") pg. 155



-OR-
Customize your contribution according to your Group Conscience.

Office & Book Store Hours *(Closed Most Holidays):*
 Monday-Friday: 8:30 AM-5:00 PM
 WEDNESDAY: 8:30 AM-7:00 PM
 Saturday: 9:00 AM-12 Noon
Deadline for September 2018 Newsletter: 8/2118
 Next newsletter mailing: 8/28/18
 Next I.R. Meeting: 8/21/18, 7:30 PM, Central Service Office