



CENTRAL SERVICE OFFICE

SEPTEMBER 2017 NEWSLETTER



MEETING INFO

AA BIRTHDAYS

AA-RELATED ARTICLES

CONTRIBUTIONS

UPCOMING EVENTS

NEW MEETINGS

(See enclosed flyers for details.)

GROUP #1082

Young People's Meeting, "Always Open," Thursday, 7:00 PM, MX-C-NS, Lindell Club

"LIFE'S A BEACH"

Tuesday, 7:30 PM, MX-C, Harbor Point Yacht Club, Octagon Clubhouse, #1 Jamie Circle, West Alton, MO 63386

NEEDS SUPPORT

GROUP #1006

Thursday, 10:00 AM, M-O-NS, Welcome Hall, 501 S. 5th Street, St. Charles, 63301

NEWCOMER MEETINGS VA HOSPITAL

Tuesday 7:30 PM; Friday 7:30 PM; Saturday 7:00 PM; Sunday 7:30 PM, VA Hospital/Treatment Center, #1 Jefferson Barracks Rd., Bldg. #51, 63125

MOVING

GROUP #136

(Effective September 7)

Frisco Club, Thursday, 5:30 PM, MX-O-NS
New Location: Community Christian Church, 623 Meramec Station Road, 63021

GROUP #996

Friday, 5:45 PM, MX-O-NS, New Location: Christ Church-Library, 2200 Bellevue, 63143

GROUP #919

Saturday, 9:00 AM, MX-O-NS, New Location: St. Patrick's Church (Rectory), 701 S. Church Street, Wentzville

CANCELED

GROUP #419

Tuesday, 8:00 PM, MX-C-NS, St. James the Greater Rectory, 6401 Wade Avenue, St. Louis Dogtown

KEY:

- O - Open Meeting (Everyone is welcome; however, only alcoholics participate.)
- C - Closed Meeting (Alcoholics only—i.e., individuals who have a desire to stop drinking.)
- M—Male; F—Female; MX—Male & Female

"Here was something at work in a human heart which had done the impossible. My ideas about miracles were drastically revised right then. Never mind the musty past; here sat a miracle directly across the kitchen table. He shouted great tidings."

Bill W.

**** C E L E B R A T E ****

*The Oldest, Continuous A.A. Banquet
In The World*

77th Annual

Central Service Office Alano Banquet

When: Saturday

November 18, 2017

Social Hour: 6:00 P.M.

Banquet: 7:00 P.M.

(Buffet Dinner)

Alano Ball: 9:30 P.M.



Where: Orlando Event Center

2050 Dorsett Village

Maryland Heights, MO

Featuring: Ralph W., Los Angeles

Tickets-\$35.00 Each

10 Chairs per Table

Scholarships Available

Tickets on sale NOW at

Central Service Office (Sells out fast!)

For Information Contact:

Central Service Office

(314) 647-3677

CENTRAL SERVICE OFFICE

#14 Sunnen Drive . Suite 144 . Maplewood, MO 63143 . 314-647-3677 . www.aastl.org . email: alano@aastl.org

Birthdays celebrated are 30 Days, 6 Months and Years thereafter. Please call birthdays in to the office after they have been celebrated. Thank You! (314) 647-3677



GROUP #5

Pat H. 14 Years!
Deb D. 15 Years!

GROUP #26

Jeremy V. 2 Years

GROUP #163

Gary H. 2 Years
Maurice H. 5 Years
Pat B. 6 Years
Kathy N. 14 Years!
Tim B. 27 Years!!
Ben C. 28 Years!!
Tom G. 28 Years!!
John K. 32 Years!!!
Tim Y., Sr. 44 Years!!!!

GROUP #220

Susan C. 36 Years!!!

GROUP #226

Frank M. 13 Years!

GROUP #248

Tim D. 43 Years!!!!

GROUP #288

Mike M. 14 Years!

GROUP #319

Charlie S. 30 Years!!!
John K. 32 Years!!!

GROUP #357

Tim D. 1 Year
Steve J. 1 Year
Danny D. 29 Years!!

GROUP #358

Linda B. 32 Years!!!

GROUP #362

Larry M. 35 Years!!!
Dave P. 37 Years!!!

GROUP #425

Kim H. 4 Years

GROUP #449

Andrew H. 1 Year
Joe Q. 2 Years
Don W. 2 Years
Mark M. 5 Years
Leslie P. 6 Years
Tonya H. 10 Years!
Edward L. 10 Years!
Deb S. 10 Years!
Peggy H. 13 Years!
George W. 13 Years!
Bob A. 17 Years!
Bob S. 18 Years!
Ron D. 22 Years!!
Steve W. 22 Years!!
Mike D. 24 Years!!
Gary Q. 33 Years!!!

GROUP #467

Bill T. 33 Years!!!
Chuck H. 35 Years!!!

GROUP #477

Mike E. 7 Years
Butch S. 22 Years!!

GROUP #812

Hydie 6 Months

GROUP #774

Dennis N. 18 Years!

GROUP #792

Amanda S. 30 Days
Anna T. 30 Days

E-MAIL SIGN-UP

Want to stay informed about AA events in StL—pot-lucks, workshops, picnics, conventions? Then sign up for e-mail alerts. Just go to www.aastl.org and sign up to be on the list.

Holly V. 2 Years
Bridget K. 8 Years
Emily A. 9 Years
Carolyn R.S. 22 Years!!
Sue F. 25 Years!!

GROUP #922

Esther S. 40 Years!!!!

GROUP #940

Monte R. 1 Year
Caitlin S. 5 Years
Tom W. 22 Years!!
Sheila R. 30 Years!!!
Tom F. 35 Years!

THINGS WE CANNOT CHANGE



Lou M.
Volunteer
Central Service Office

Kathy C.
Group #490

Steve R
Group #490

George B.
Group #248

They will be missed by all who knew them!

Chuck H. 35 Years!!!

GROUP #983

Martha W. 17 Years!

Thanks for sharing the miracle of your recovery with us!



“You know the first thing this guy will worry about? His anonymity!”

From the Grapevine

A.A. WORD SCRAMBLE

Words used in A.A. Big Book

1. Y L G A R D A L U _____
2. A Y A P N T H I T _____
3. S U T R M E E N D O _____
4. R L S A L U E _____

(Answers on pg. 4)

WARNINGS FROM THE AA BIG BOOK

Everyone loves to hear the *12 Promises* read at meetings, but there are also “*warnings*” in the *Big Book*. Below are a few:

1. “For if an alcoholic failed to perfect and enlarge his spiritual life through work and self-sacrifice for others, he could not survive the certain trials and low spots ahead.” (pgs.14-15)
2. “The feeling of having shared in a common peril is one element in the powerful cement which binds us. But that in itself would never have held us together as we are now joined.” (pg.17)
3. “Above everything, we alcoholics must be rid of this selfishness. We must, or it kills us! God makes that possible.” (pg. 62)
4. “Though our decision was a vital and crucial step, it could have little permanent effect unless at once followed by a strenuous effort to face, and be rid of, the things in ourselves which had been blocking us.” (pg. 64)
5. “For when harboring such feelings we shut ourselves off from the sunlight of the Spirit. The insanity of alcohol returns and we drink again. And with us, to drink is to die.” (pg. 66)
6. “If we are not sorry, and our conduct continues to harm others, we are quite sure to drink. We are not theorizing. These are facts out of our experience.” (pg. 70)
7. “If we skip this vital step, we may not overcome drinking. ...Trying to avoid this humbling experience, they have turned to easier methods. Almost invariably they got drunk.” (pg. 72)

Victor E.

8. “We must lose our fear of creditors no matter how far we have to go, for we are liable to drink if we are afraid to face them.” (pg. 78)
9. “We feel that a man is unthinking when he says that sobriety is enough.” (pg.82)
10. “It is easy to let up on the spiritual program of action and rest on our laurels. We are headed for trouble if we do, for alcohol is a subtle foe.” (p.85)
11. “So our rule is not to avoid a place where there is drinking, if *we have a legitimate reason for being there*. ...But if you are shaky, you had better work with another alcoholic instead!” (pgs.101,102)
12. “But he must see the danger of over-concentration on financial success. Although financial recovery is on the way for many of us, we found we could not place money first. For us, material well-being always followed spiritual progress; it never preceded.” (pg.127)■

LIFE LINE

“*Gradually things got worse.*”

Big Book, “Bill’s Story” pg. 5

Quite possibly this single sentence can be heard in **every AA story.**

“*The joy of living we really have, even under pressure and difficulty.*”

Big Book, “Bill’s Story” pg. 15

Quite possibly this single sentence can be heard in **every AA recovery!** ■

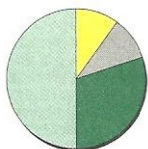
JULY 2017 CONTRIBUTIONS TO CENTRAL SERVICES

#	AMT	#	GROUP	AMT
3	\$75.00	5	Serendipity	\$7.50
11	\$92.39	8	New Day	\$200.00
44	\$55.00	15	Promises	\$25.00
67A	\$150.00	32	Embassy Group	\$350.00
109	\$96.00	62	Better Way of Life	\$50.00
124	\$50.00	106	Love and Tolerance	\$90.00
126	\$170.00	120	Sunlight of the Spirit	\$40.00
160	\$35.00	136	Frisco Group	\$100.00
161	\$80.00	139	Old Priory	\$200.00
163	\$139.22	178	Carry the Message	\$96.00
239	\$112.20	188	A Happy Hour Group	\$100.00
255	\$679.75	253	The Group	\$56.25
318	\$250.33	272	Path Followers	\$14.00
356	\$100.00	307	Rancho Mirage	\$163.00
362	\$163.35	344	There is a Solution	\$175.27
376	\$400.00	350	Expect a Miracle	\$125.00
382	\$41.55	377	Couples in Sobriety	\$150.00
387	\$96.80	424	Noon Topic	\$10.00
410	\$111.00	450	One day at a Time	\$50.00
500	\$200.00	453	Buder Bunch	\$60.00
688	\$150.00	456	Gateway to Freedom	\$94.20
694	\$56.00	471	Spiritual Winners	\$90.25
814	\$60.00	505	Men's Feelings	\$93.50
		582	Noon-Timers	\$161.50
		601	Kirkwood Step	\$665.00
		669	The Breakfast Club	\$83.00
		940	A Newfound Freedom	\$300.00
		965	Character Defects	\$25.00
		994	A Simple Program	\$65.00
		1027	Bottoms Up	\$143.00
		1049	Simply AA - StL	\$82.00
		1212	Non-Structured - Non Traditional	\$100.00
			IR Meeting	\$46.00
			Memorial	\$25.00
			Individual	\$370.00
TOTAL - JULY 2017				\$7,769.06

"...we tried to carry this message to alcoholics ..."

Thank you for carrying the message!

Traditional Distribution Plan



- 10% To district
- 10% To area committee
- 30% To GSO
- 50% To intergroup or central office

-OR- Customize your contribution according to your Group Conscience.

UPCOMING EVENTS

(See enclosed flyers for details.)

SEPTEMBER 1-3

Fall Classic-Labor Day Weekend, Airport Hilton, 10330 Natural Bridge Road, 63134

SEPTEMBER 10

Sunny 'n Sober, 9:00-11:30 AM, Jefferson Barracks Park (Black Hawk Shelter), North Road & Gregg Road, 63125

SEPTEMBER 16

District #43 Bar-B-Que, 11:00 AM Pot Luck, 12 Noon AA/ Alanon Speakers, Rte. 66 State Park, Dogwood Shelter, Eureka, MO

SEPTEMBER 20

Group #479 Annual Picnic, 6:00 PM Fellowship & Dinner, 7:00 PM Speaker, Fenton Park Pavilion #2

SEPTEMBER 24

Group #356, 32nd Anniversary Pot Luck Meeting, 5:15 PM Fellowship; 6:00 PM Dinner; 7:00 PM Speaker, Assumption Catholic Church, 4275 Mattis Road, 63128

SEPTEMBER 30-OCTOBER 1

Eastern Area of Mo. Fall Area Assembly, Double Tree by Hilton St. Louis, 16625 Swingley Ridge Road, 63017

OCTOBER 6-8

23rd Annual Bootheel Roundup, Hayti Community Center, Hayti, MO - *No registration fee; free banquet!*

OCTOBER 14

Olive Branch Gratitude Banquet, 6:00 PM, Harmony UMC Fellowship Hall, 2730 Watson Road, 63114

OCTOBER 21

Spring Fling Convention-Trivia Night, 6:00 PM, St. Vincent de Paul Church, 1408 S. 10th Street, 63104

A.A. WORD UNSCRAMBLE *(Words used in A.A. Big Book)*

1. **GRADUALLY** ("Gradually things got worse." pg. 5)
2. **ANTIPATHY** ("The word God still aroused a certain antipathy." pg. 12)
3. **TREMENDOUS** ("The tremendous fact for every one of us that we have discovered a common solution." pg. 17)
4. **LAURELS** ("It is easy to let up on the spiritual program of action and rest on our laurels." pg. 85)

Office & Book Store Hours (Closed Most Holidays):

Monday-Friday: 8:30 AM-5:00 PM
 WEDNESDAY: 8:30 AM-7:00 PM
 Saturday: 9:00 AM-12 Noon

Deadline for October 2017 Newsletter: 9/19/17

Next newsletter mailing: 9/26/17

Next I.R. Meeting: 9/19/17, 7:30 PM

Central Service Office