



# CENTRAL SERVICE OFFICE

## MAY 2017 NEWSLETTER



MEETING INFO    AA BIRTHDAYS    AA-RELATED ARTICLES    CONTRIBUTIONS    UPCOMING EVENTS

### NEW MEETINGS

#### **DAILY REFLECTIONS**

Saturday, 6:00 PM, M-C-NS, Central Service Office

#### **GROUP #1071**

Wednesday, 7:00 PM, MX-C-NS, Herman UMC  
(Basement), 136 W. Hwy. 100, Herman, 65041

#### **GROUP #1072**

Friday, 8:00 PM, MX-O-NS, Bridgeway Behavioral  
Health, 1570 S. Main Street, St. Charles, 63303

#### **DISTRICT #1**

Tuesday, 7:00-8:30 PM, MX-O-NS, Favavet, Inc.  
Community Center, 4000 Maffitt Avenue, 63113

### NEEDS SUPPORT

#### **GROUP #170**

Monday, 7:30 PM, MX-C-NS, Zion United Methodist  
Church, 1603 Union Road, 63125

#### **GROUP #295**

Friday, 7:30 PM, MX-C-NS, Advent Episcopal  
Church, 9373 Garber Rd., 63126

#### **VA HOSPITAL** *(Recovering Veterans Need Your Support)*

Tuesday, Friday, Saturday & Sunday, 7:30 PM  
MX-O-NS, #1 Jefferson Barracks Dr., Bldg. #51

### ADDRESS CORRECTION

#### **GROUP #996**

Friday, 5:45 PM, MX-O-NS,  
St. James the Greater Church

Correct Address: Rectory (Basement), 6401 Wade  
Ave. @ Tamm Ave. ■

#### **May 6** *(Upcoming Events, cont'd pg. 4)*

Group #1065, BBQ & Potluck, 5:30 PM, St. Luke's  
Catholic Church, 7230 Dale Ave., 63117

#### **KEY:**

- O - Open Meeting (Everyone is welcome; however, only alcoholics participate.)
- C - Closed Meeting (Alcoholics only—i.e., individuals who have a desire to stop drinking.)
- M—Male; F—Female; MX—Male & Female

*"It was a most wonderful blessing to be relieved of the terrible curse with which I was afflicted. My health is good and I have regained my self-respect and the respect of my colleagues. My home life is ideal and my business is as good as can be expected in these uncertain times.*

*"I spend a great deal of time passing on what I learned to others who want and need it badly."*

Dr. Bob

## **CENTRAL SERVICE'S** **2nd ANNUAL PICNIC**

**Sunday, June 4, 2017**

**11 AM—3 PM**

**Deer Creek Park "Rocket Park"**

**3200 Laclede Station Road**

**Maplewood, MO 63143**

*\*Just down the street from Central Services\**

**Meat & Drinks Provided**  
**Bring Your Favorite Dish**

**Jerry G. AA Speaker &**  
**Tim & Terri D. Al-Anon Speakers**  
**2:00 PM**

### **Activities for Everyone!**

**Carnival Games for the Kids!**

**Water Balloons**

**Balloon Animals**

**Washers**

**Volleyball**

**Bean Bag Toss**

**Attendance Prizes**



CENTRAL SERVICE OFFICE

#14 Sunnen Drive . Suite 144 . Maplewood, MO 63143 . 314-647-3677 . www.aastl.org . email: alano@aastl.org

**Birthdays celebrated are 30 Days, 6 Months and Years thereafter. Please call birthdays in to the office after they have been celebrated. Thank You! 314-647-3677**



**GROUP #166**

- Lulu W. 1 Year
- Amber E. 4 Years
- Krystal H. 7 Years
- Angela J. 15 Years!
- George E. 25 Years!!
- Leslie B. 26 Years!!
- Judy R. 30 Years!!!

**GROUP #220**

- Wendy M. 30 Years!!!

**GROUP #226**

- Rose J. 3 Years

**GROUP #228**

- Mike D. 35 Years!!!
- Marybell C. 40 Years!!!!

**GROUP #254**

- Janell R. 30 Days
- Diane M. 6 Years
- Carolyn L. 29 Years!!

**GROUP #314**

- Cheryl O. 1 Year
- Brad M. 3 Years
- Freddy 7 Years
- Jim D. 8 Years
- Dan 11 Years!
- John R. 11 Years!
- Roger 32 Years!!!

**GROUP #337**

- Nicole F. 1 Year

**GROUP #362**

- Mark S. 7 Years
- Chris S. 23 Years!!
- Tom E. 31 Years!!!
- Elois F. 36 Years!!!

**GROUP #471**

- Marybel C. 40 Years!!!!

**GROUP #476**

- Nancy C. 14 Years!

**GROUP #965**

- Mary B. 10 Years!

**Have you met the TATE Family?**

You may have heard of the Tate Family. They are in every organization. They must surround themselves with individuals who coddle and emulate similar behaviors. May I tell you about some of these members?

There is **Dic Tate** – who likes to run everything;

There is **Agi Tate** – who stirs up trouble whenever possible, sometimes with the help of;

**Iri Tate** – Oh, and then,

There is **Devas Tate** – who loves to interrupt and then;

There is **Poten Tate** – who wants to be the big shot!

Every time a new idea or suggestion is made, the cousins,

**Hesi Tate** or **Vegi Tate** come forward saying “that couldn’t possibly work” and then,

**Ima Tate** – who would rather copy others that try something new,

Thank goodness for **Medi Tate** and **Facili Tate** – They get people pulling together.

**Which Tate do you connect or relate with? ■**

**GROUP #792**

- Marina M. 5 Years
- Danielle Z. 5 Years
- Denise P. 12 Years!
- Mary Z. 27 Years!!

**GROUP #983**

- Patty K. 23 Years!!





*The Things We Cannot Change*  
**Elois F. Group #362**

**He will be missed by all who knew Him!**

**A Declaration of Unity**  
This we owe to A.A.'s future:  
To place our common welfare first;  
To keep our Fellowship united;  
For on A.A. unity depend our lives,  
And the lives of those to come.

## Wang Dang Doodle

Sunday May 7, 11:00 AM  
Tilles Park—Skow Shelter  
9551 Litzsinger Road  
@ McKnight

The Umpteenth Annual Men's  
Steak Lunch & Fundraiser  
for Central Service Office

**Tickets \$25 per person  
On Sale NOW  
at Central Service Office**

MUSIC



FOOD

Great Speaker!

**A.A. WORD SCRAMBLE**  
*Words used in A.A. Big Book*

1. CPYSRLEIE \_\_\_\_\_
2. EBTRET \_\_\_\_\_
3. CVROIYT \_\_\_\_\_
4. MCNEODN \_\_\_\_\_

(Answers on pg. 4)



### THOUGHTS FROM BILL W.

William G. Wilson  
(Bill W.)

“Sobriety—freedom from alcohol—through the teaching and practice of the Twelve Steps is the sole purpose of an A.A. group. Groups have repeatedly tried other activities, and they have always failed. It has also been learned that *there is no possible way to make nonalcoholics into A.A. members.* We have to confine our membership to alcoholics, and we have to confine our A.A. groups to a single purpose. If we don’t stick to these principles, we shall almost surely collapse. And if we collapse, we cannot help anyone.” ■

*PROBLEMS OTHER THAN ALCOHOL*

*By Bill W. (co-founder, Alcoholics Anonymous) AA Pamphlet P-35*

### THE TWELVE REWARDS we can receive from the 12 steps-

We can all have hope, instead of desperation;  
Faith, instead of despair;  
Courage, instead of fear;  
Peace of mind, instead of confusion;  
Self-respect, instead of self-contempt;  
Self-confidence, instead of helplessness;  
The respect of others, instead of their pity and contempt;  
A clean conscience, instead of a sense of guilt;  
Real friendships, instead of loneliness;  
The love and understanding of our families,  
instead of their doubts and fears:  
And the freedom of a happy life,  
Instead of the bondage of an alcoholic obsession. ■



*“So I’m powerless over alcohol! What makes you think my life has become unmanageable?”*

### LIFE LINE



“Here is the original version of the Preamble as it was first introduced to AA in the June 1947 *Grapevine*:

‘Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is an honest desire to stop drinking. AA has no dues or fees. It is not allied with any sect, denomination, politics, organization or institution. Does not wish to engage in any controversy. Neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.’

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“Written by the then editor to describe AA to the *Grapevine*’s non-AA readers, it has become a part of AA literature. It came to be called the Preamble because it is so often read at the opening of AA meetings.

“Much of the phrasing was borrowed from the foreword to the original edition of *Alcoholics Anonymous*, where ‘an honest desire to stop drinking’ is described as the only requirement for membership.

“In the September 1958 *Grapevine*, the Preamble was first published in its present form. It now appears in much of our literature to tell what AA is and does, as well as what it is not and does not do. The Twelve Traditions present a fuller development of most of these ideas. You will find the Traditions printed on the inside back cover of each *Grapevine*.

“The current version of the Preamble appears on page 1 of every issue.” ■

*Alano News, May 2001 Publication*

### CD(s) OF THE MONTH:

#### ALCOHOLICS ANONYMOUS

*Audio CD full Big Book  
Including Stories*

-also-

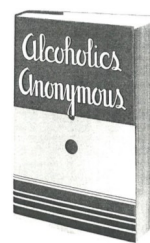
*Audio CD Big Book  
Abridged (first 164 pages)*



### BOOK OF THE MONTH:

#### BIG BOOK 75TH ANNIVERSARY EDITION

*Authorized Reproduction of  
AA Big Book, 1st Edition*



MARCH 2017 CONTRIBUTIONS TO CENTRAL SERVICES				
#	AMT	#	GROUP	AMT
36	\$200.00	15	Promises	\$25.00
39	\$300.00	67A	Group 67A	\$240.00
46	\$164.73	69	Gratitude Hour	\$720.00
138	\$74.50	81	New Way	\$87.45
177	\$86.00	86	The Cumberland	\$57.50
228	\$40.00	93	The Eagles	\$64.93
239	\$229.00	121	Early Ducks	\$744.46
248	\$64.50	172	Booze Busters	\$35.00
257	\$294.00	253	The Group	\$95.00
303	\$200.00	344	There is a Solution	\$177.47
355	\$25.00	350	Expect a Miracle	\$75.00
357	\$45.00	383	Daybreakers	\$100.00
391	\$142.67	424	Noon Topic	\$11.00
394	\$150.00	437	New Frontier-Newcomer	\$91.45
443	\$90.00	448	Not Saints	\$303.50
500	\$180.00	456	Gateway to Freedom	\$55.00
746	\$50.00	476	Ladies' Night Out	\$200.00
968	\$75.00	512	Potosi Group	\$10.00
972	\$50.00	575	Nick of Time	\$500.00
977	\$349.00	582	Noon-Timers	\$103.68
1045	\$90.00	669	The Breakfast Club	\$70.00
		683	Absolutely Sober	\$120.00
		686	Primary Purpose	\$140.00
		699	Sisters of Sobriety	\$100.00
		763	Whoopee Party	\$45.00
		781	Dover Group	\$50.00
		809	Saturday Sober Sisters	\$20.00
		905	Rolla New Beginnings	\$247.00
		914	Big Book Babes	\$70.00
		922	Lunch With Bill	\$67.00
		940	A Newfound Freedom	\$125.00
		965	Character Defects	\$25.00
		994	A Simple Program	\$50.00
		1016	Women's Let's talk	\$50.00
			Hampton Facility Groups	\$500.00
			Birthday	\$155.00
			Birthday	\$250.00
			Individual	\$100.00
			Individual	\$200.00
			Individual	\$370.00
<b>T H A N K  Y O U!</b>				
<b>TOTAL - MARCH 2017</b>				<b>\$9,349.84</b>

### UPCOMING EVENTS

(See enclosed flyers for details.)

**MAY 6**  
Saturday Night Live! Anniversary Potluck, 5:30 PM, Salem Lutheran Church, Affton, MO 63123

**MAY 7**  
Wang Dang Doodle-Central Service Fundraiser, 11AM, Tilles Park—Skow Shelter, Litzinger Road @ McKnight

**MAY 7**  
33rd Annual Women's Luncheon, 11:30 AM, Orlando's, Maryland Heights, MO 63043 (*Best Hat Contest*)

**MAY 8 & 29**  
Central Service Social Committee Meetings, 7:30 PM, Central Service Office, Maplewood, MO 63143

**MAY 26-28**  
9th Annual Spring Fling Convention, Memorial Day Weekend, Sheraton Westport Plaza Tower, 63146

**JUNE 3**  
Group #178, 22nd Annual Potluck Picnic, 12 PM, Tower Grove Park, Turkish Pavilion

**JUNE 4**  
Central Service 2nd Annual Picnic, 11 AM—3 PM, Deer Creek Park, Maplewood, MO

**JUNE 4**  
Sunny 'N Sober, 9:30-11:30 AM, Jefferson Barracks Park (Black Hawk Shelter), North R. & Gregg Rd., 63125

**JUNE 9, 10, 11**  
37th Annual Float Trip, Bass River Resort, Cuba, MO ■

**A.A. WORD UNSCRAMBLE** (*Words used in A.A. Big Book*)

1. **PRECISELY** ("To show other alcoholics precisely how we have recovered is the main purpose of this book.") pg. xiii
2. **BETTER** ("Then he had, in effect, been raised from the dead, suddenly taken from the scrap heap to a level of life better than the best he had ever known.") pg. 11
3. **VICTORY** ("Remember it was agreed at the beginning we would go to any lengths for victory over alcohol.") pg. 76
4. **CONDEMN** ("Next he can be assured that you do not intend to lecture, moralize, or condemn...") pg. 142 ■

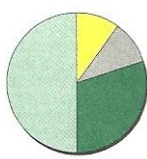
**Office & Book Store Hours (Closed Most Holidays):**

Monday-Friday: 8:30 AM-5:00 PM  
 WEDNESDAY: 8:30 AM-7:00 PM  
 Saturday: 9:00 AM-12 Noon

Deadline for June 2017 Newsletter: 5/16/17  
 Next newsletter mailing: 5/23/17  
 Next I.R. Meeting: 5/16/17, 7:30 PM  
 Central Service Office

Keep it Simple!

**Traditional Distribution Plan**



10% To district  
 10% To area committee  
 30% To GSO  
 50% To intergroup or central office

-OR-

Customize your contribution according to your Group Conscience.